#### May Mounir Obeid

+9613031505 / obeidmay@gmail.com

# Work Experience

# Lebanese American University, LAU

September 2015 - Present

Part-time instructor (Psychology courses for the undergraduate level)

- Preparing and delivering lectures for the following Psychology courses: Introduction to Psychology, Developmental Psychology, Psychology of Youth
- Implementing a dynamic integrative teaching technique with the purpose of accommodating to students' varied learning styles
- Assessing students' progress by setting and marking examinations and other coursework

# Phoenicia University, Sarafand, Lebanon

June 2018 - August 2018

Part-time Instructor (PSY 201 – Introduction to Psychology for the undergraduate level)

- Designing an introductory course to Psychology for the undergraduate level including writing up a syllabus
- Implementing dynamic, integrative teaching techniques with the purpose of accommodating to varied learning styles
- Assessing students' progress by grading tests, term papers and class work

### American University of Beirut, Beirut, Lebanon

February 2017

Part-time Exhibition Coordinator Assistant at the Art Gallery

- Assisting in the mounting of an art exhibition: managing all production tasks involving fliers, art installations, book publications
- Co-ordination of a two-day conference
- In charge of the communication of the event both online and offline/on campus
- Handling travel and hotel arrangements of participants

# Young & Rubicam, Beirut, Lebanon

June 2015 - Present

Junior Account Manager

- Leading accounts within the sectors of personal care FMCGs, entertainment, luxury products, automobiles, children's products, etc.
- Setting revenue forecasts and ensuring they are attained
- Training new interns
- Managing communication campaigns from conception to execution and completion by organizing tasks between several departments (creative, production, media, suppliers, etc.)
- Conducting extensive market research and analysis
- Translating client marketing objectives into inspirational creative briefs
- Leading creative brainstorming sessions (related to conception of campaigns, brand identity, etc.)

### Middlesex University, London, UK

March 2014 - November 2014

Psychology Research Assistant (Lifespan Research & Data Archive Repository (RADAR) project)

- Transcribed semi-structured interviews with participants at risk of developing depression
- Conducted qualitative analysis of data, specifically using thematic analysis: coding verbal data, defining and naming themes, etc.

# Drive-Dentsu, Beirut, Lebanon

July 2012 - August 2013

Junior Account Executive in the Client Service department

- Appointed to several accounts involving various sectors, namely banking, jewelry, kids toys, FMCGs, home appliances, shopping malls, restaurants, etc.
- Translated client marketing objectives into inspirational creative briefs
- Lead creative brainstorming sessions (related to conception of campaigns, brand identity, etc.)
- Managed campaigns from conception to execution by organizing tasks between several departments (creative, production, media, supplier, etc.)

# Leo Burnett Worldwide, Beirut, Lebanon

April 2012 - June 2012

Intern in the PR department

- Participated in brainstorming sessions for new campaigns
- Carried out elaborate market research for study of competition
- Planned events: coordinated with all involved parties including suppliers, entertainment, media, etc.
- Prepared invoices using the Maconomy software

### Café De Prague, Beirut, Lebanon

Manager (previously: Waitress, Hostess, Bartender)

- Appointed as HR manager: recruitment, training, setting up weekly employee schedules, insuring employee well-being, etc.
- Managed day-to-day handling of cash
- Managed daily opening and closing duties
- Liaised with suppliers

# Psychiatric Hospital of the Cross, Lebanon

**July 2011 - September 2011** 

February 2011 - August 2012

Psychology Intern

- Shadowed psychiatrists and psychologists in their rounds
- Participated in conducting group therapy, music therapy, and art therapy
- Assisted medical residents in diagnosing patients upon their admission
- Carried out psychological assessments of inpatients and interpreted their psychometric tests under the supervision of psychiatrists

#### Education

# Lebanese National Higher Conservatory, Lebanon

**September 2017 – July 2018** 

Oriental Singing-First year

- Coursework: Music Theory, Oud, Tejweed, Choir, Oriental Singing

# Goldsmiths University of London, UK

September 2013 - September 2014

MSc in Foundations in Clinical Psychology and Health Services – with (High) Merit

- Coursework: Self and Relationships, **Social-Moral Development**, **Education Psychology**, Understanding and Treating Psychological Disorders, Clinical Research Design and Analysis, Professional Issues in Clinical Psychology, Statistics.
- Research Project (Title): State Extraversion as a Mood Regulator: An Exploration of the State Extraversion-PA Relationship

### American University of Beirut, Lebanon

September 2008 – January 2012

B.A. in Psychology with a minor in Economics

- Coursework: Elements and Notation of Music, Music Theory I, Psychology of Emotion, Intro to Clinical Psychology, Abnormal Psychology, Sensation & Perception, etc.

### University of California, Berkeley, USA

June 2010 - July 2010

Summer School Courses: Psychology of Personality, Social Psychology

### London School of Economics, London, UK

July 2009

Summer School Course: Introduction to Macroeconomics

# International College of Beirut, Lebanon

**September 2004 – June 2008** 

French Baccalaureate Degree (Sciences and Mathematics track)

#### Skills

Languages: English (fluent), Arabic (native), French (fluent)

Computer Skills: Ableton Live, Logic Pro, Proficient in Microsoft Office, and SPSS

Interests: Singing/Live Performance, Disk Jokey, piano, guitar, Volleyball (Team Captain 2010-2011 at the American University of Beirut), table tennis, and outdoor activities.