# Joe Sawaya

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## PERSONAL STATEMENT

I am seeking a job related to my major in business and management where I can exercise my knowledge and be an added value to the position and the company at the same time for a win-win situation.

# **EDUCATION**

- ➤ 2018 Present
  Université Saint-Joseph Masters in business (Evening classes).
- ➤ 2015 2018 Université Saint Joseph - BA in Business and Management.
- ➤ 2000-2015

  Maison Centrale Achrafieh Lebanese Baccalaureate in Sociology and Economics

#### PROFESSIONAL EXPERIENCE

- ➤ December 2018 Juin 2019

  Career and placement office USJ Recruitment assistant and finance coordinator.
- ➤ February 2017 March 2018
  Fit District Gym Instructor and Personal Trainer.
- ➤ July 2017- September 2017 Administrative Intern.
- ➤ January 2015 Present Freelance Personal Trainer.

## PERSONAL SKILLS AND STRENGHT

> LANGUAGES
Arabic (Fluent)

French (Fluent)

English (Fluent)

DIGITAL SKILLS Microsoft Office Programs.

- ORGANIZATIONAL & MANAGERIAL SKILLS AND STRENGHTS.
  Leadership, Patience, Work under pressure, Detail oriented, Teamwork, Communication Skills, Endurance, Time Management
- ➤ HOBIES AND INTERESTS
  Fitness, Outdoor Activities, Music, Cinema.

# **CERTIFICATES & TRAININGS**

- ➤ 2019 Career and Placement Office USJ Certification for participation in the following workshops:
  - Communication skills
  - Self-awareness
- ➤ 2018 Certified Resistance Training Specialist (RTS).
- > 2018- Lasa Academy Certified First Aid, CPR and AED
- 2017 Inspire Fitness Academy Certified Functional Training (TRX Battling Rope Mobility and Self Myofascial Release Functional Bags).
- > 2016 SGT KEN Certified Boot Camp Instructor.
- ➤ 2015 IFPA Certified Personal Trainer.

REFERENCES AND DOCUMENTS ARE AVAILABLE UPON REQUEST

March 22<sup>nd</sup>, 2019