## DELILAH FARSHOUKH

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# SKILLS ACQUIRED THROUGH UNIVERSITY

#### Understanding applied systems

- Cognitive Behavioral Therapy
- Political Psychology
- Introduction to Logic
- Financial Accounting
- Introduction to Political Science

#### Proficiency in theoretical concepts

- Social Psychology
- Abnormal Psychology
- Neuroscience and how it complements cognitive psychology
- Philosophy of Hegel and Marx
- Theories of Macroeconomics

#### **HARD & SOFT SKILLS**

- Knowledge of MS Office
- Fluent in English and Arabic
- Advanced knowledge of programming in Rstudio
- Database management
- SEO
- Copywriting
- Event management
- Time management
- Teaching & coaching
- Leadership oriented
- Adaptable

### **EXPERIENCE**

#### **LOGISTICS MANAGER** @ GEEK EXPRESS

Feb. 2018 - Jan. 2019

- Planning, organizing and assuring the quality of the courses and events hosted at the academy
- Overseeing all operational activities within the academy and reporting directly to the COO
- Managing and handling customer service
- Overseeing and copywriting all new curricula introduced at the academy, as well as training new teachers on said curricula
- Screening job applicants

INTERN: RYMCO MARKETING & FINANCE (summer of 2013) INTERN @ H. GROUP ARCHITECTS (summer of 2013)

## **EDUCATION**

## **B.A. PSYCHOLOGY/ 2015-2018**

American University of Beirut

#### HIGHSCHOOL/2012-2015

City International School

#### **EXTRACURRICULARS**

- Observing Psychological First Aid workshops under the mentorship of Dr. Ghassan Assaf, clinical psychotherapist (Feb. 2019 – present day)
- Part of the AUB Women's Rugby League (Fall 2016-Mid Spring 2017)
- Participated in and helped organize my high school's annual Musical Production (Nov. 2013- May 2014)
- o LAUMUN & LAUMAL (2014)

- Helped organize the Lebanese Autism Society's Annual Funday (May 2014)
- Worked with the UN on Project Warmth through the supervision of my high school (Dec. 2013)
- Worked with Home of Hope through the supervision of my high school (Oct. – Dec. 2012)