

# Lea Bou Roufael

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## Objective

To secure a challenging position in a reputable organisation to expend my learning knowledge and skills.

## EDUCATION

- January 2020: Bachelor in Business Administration, majored in Human Resource - LCU, Lebanon
- June 2016 : Lebanese Baccalaureate, Kfarchima High School, Lebanon

## WORK & TRAINING EXPERIENCE

-Freelance Personal Trainer 2019 to present

-Performance First Baabda

- Sales & Customer Service

2017 to present

- Hostessing and Promotion: Allure Agency & Chrystalise Agency 2014 to present

## LANGUAGES

**Arabic** (first language)

Written: Fluently

Spoken: Fluently

**French & English** (second language)

Spoken: Fluently

Written: Fluently

## SKILLS

- Computer : Microsoft Office Suite (Excellent)
- Gmind

## Certificates and Training

- Sports Academy School (SAS)
- Strength and Conditioning Coaching Diploma

## **INTERESTS**

Fitness

Boxing

## **REFERENCES**

Available upon request.