

# Nairi Bodroumian

## Personal Information

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**Nationality:** Lebanese / Uruguayan

**Permanent Address:** Beirut, Lebanon

## Work experience

**English Teacher and Nutrition Consultant (Online-Freelance),** Beirut (July 2020-Present)

**English Teacher-Train Language School,** Yerevan (February 2020-June 2020)

- ✓ Teaching effective English Communications to adults from various professions.
- ✓ Students on Beginner, Intermediate, Upper-Intermediate, and Intermediate Plus levels.
- ✓ Observation of lessons and training by Cambridge certified English teachers.
- ✓ Designing lessons tailored to students' needs and interests with maximized student participation.

**Birthright Armenia Volunteer,** Yerevan (October 2019-February 2020)

- *Social and Industrial Food Institute and UN WFP*
  - ✓ Participated in "Healthy Food Festival" event at the Musaler School of Armavir Marz in Armenia.
  - ✓ Collaborated with WFP nutritionist, teaching healthy cooking techniques as well as, educating mothers on how to practice healthy eating habits.
- *Alzheimer's Care Armenia*
  - ✓ Participated in research and translation of questionnaires.
  - ✓ Organized a seminar on "The Role of Nutrition in Alzheimer's Care" directed to social workers and psychologists at Nork Old Age Home.
- *Salad Is*
  - ✓ Calculated Calories and organized food labels for start-up called Salad Is.
  - ✓ Marketing and social media contribution.

**Administrative Officer-Tamer Freres SAL, Beirut (January 2018-December 2018)**

- ✓ Data Entry of Medical, Paramedical, Technical and Laboratory expenses
- ✓ Data Entry and Calculation of Estimated Costs of Medical Projects
- ✓ Data Entry of Local/Subcontracting Expenses

**Administrative Coordinator in Food and Beverage – Cantina Sociale, Beirut (April 2016 – December 2017)**

- ✓ Contributing to the blog section of the café's website. Plus assisting in content marketing for their social media.
- ✓ Contacting suppliers and organizing food sampling in order to make sure that they meet the health and safety standards.
- ✓ Assisting in implementing the health and safety procedures in the kitchen.
- ✓ Routinely checking that the raw materials and end products meet the health standards.
- ✓ Routinely training the kitchen staff on how to prevent health hazards.
- ✓ Assisting the Chef in all changes regarding the menu (new products, new presentation of old products, etc.)
- ✓ In charge of food and wine inventory; making sure that all data inserted in the system.

**Dietitian Trainee - Trad Hospital Medical Center, Kantari (September 2015 - March 2016)**

- ✓ Preparing Medical Nutrition Therapies for patients suffering from different diseases.
- ✓ Educating patients about healthy eating and providing breastfeeding guidelines for new mothers.
- ✓ Monitoring the kitchen trays and making sure food safety practices are being implemented.
- ✓ Researching about the latest nutritional breakthroughs and preparing presentations.

**Private Tutor (2014 - 2016)**

- ✓ Teaching for 4th, 5th, 6th graders in all subjects, with extra focus on English.
- ✓ Designing fun lessons whereby the students can enjoy the learning process.

**Summer Camp Counselor - A.G.B.U. Demirdjian Center, Dbayeh (2011 - 2014)**

- ✓ Help write and implement a weekly schedule for camp group.
- ✓ Organize and lead a variety of small and large group activities each week.
- ✓ Communicate with parents about participant's experiences and report concerns to Camp Leadership.

## Education

Haigazian University, Kantari – Bachelors Degree in **Nutrition and Dietetics**, B.S. (2015)

## Other Certifications and Credentials

- **Certificate of Participation in the 14<sup>th</sup> Global Health Summer School at Groningen University**, Netherlands, July 2019.
  - *Awarded Best Presenter during Award Ceremony*
- **Certificate of Participation in the Nutrition and Health Symposium**, Dubai, March 2019
- **Licensed Dietitian authorized by the Ministry of Public Health**, Lebanon, July 2016
- **Sports Nutrition Training** (organized by UCTAD and MECAT), Lebanon, March 2016

## Spoken Languages

- ✓ English, Arabic, Armenian (native/full working proficiency)
- ✓ Spanish (limited working proficiency)

## Other skills and competences

- ✓ Full computer and Microsoft Office literacy
- ✓ Omega system and Dolphin Accounting Software