

Lynn Adam

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EDUCATION

American University of Beirut (AUB) – Beirut, Lebanon

Fall 2014 – Spring 2018

Bachelor of Arts in Psychology

Minor in International Law

CGPA: 3.53/4

Dean's Honor List: 2014 - 2016

Senior Paper: Gut-Brain Interaction: Test Anxiety in University Students with Irritable Bowel Syndrome

Christian Teaching Institute — Sin El Fil, Lebanon

Sep 1999 – Jun 2014

High school Diploma - Lebanese Baccalaureate: Sociology and Economics

WORK EXPERIENCE

American University of Beirut Medical Center (AUBMC), Department of Psychiatry

November 2019 – Present

Research Assistant

On various research projects in topics relating to psychosis, family interventions, relapse and treatment adherence, substance use, authorship, and the Beirut August 4th explosion:

Prepare IRB applications, write research proposals, prepare on-line surveys, recruit participants, collect data, manage a team of volunteers, write up research manuscripts, and submit manuscripts to journals.

November 2019 – January 2021

Research Assistant – Study collaboration with Columbia University

On a study pertaining to the relationship between health and education in school-aged children in Lebanon:

Prepared IRB documents, contributed to the project methodology, conducted a scoping review, coordinated data collection, translated documents, and managed logistics for workshops and interviews.

American University of Beirut Medical Center (AUBMC), Department of Psychiatry, Child and Adolescent division

May 2018 – October 2019

Research Assistant – Study collaboration with Lebanon's Ministry of Public Health (MoPH)

On a study pertaining to the implementation of a preventive parenting program to parents of infants and toddlers:

- Recruited mothers to undergo the 7-week parenting program's sessions and to participate in the validation of a temperament scale used in the study
- Collected data from the mothers and managed the data collection team in the phase of survey administration
- Prepared logistics, co-facilitated the programs' sessions, and assisted the trainers in the validation phase of the temperament scale
- Was involved in writing a training manual on data collection as a guide for future implementers of the program

Institute for Development, Research, Advocacy, and Applied Care (IDRAAC) – Beirut, Lebanon

September - November 2017

Research Intern

- Reviewed and collected literature related to mental health in the Arab World
- Assisted in organizing workshops for doctors, academics, and NGOs related to drafting laws to protect the rights of the elderly in Lebanon
- Took and transcribed workshop minutes and translated the legal document from Arabic to English

United Nations Development Program (UNDP) – Beirut, Lebanon

June 2017 – August 2017

Intern – Transfer of Knowledge through Expatriate Nationals (TOKTEN)

Prepared for expatriates' missions and accompanied the expatriates to provide ad-hoc administrative assistance.

PUBLICATION

El-Khoury, J., Barkil-Oteo, A., & Adam, L. (2020). Addressing psychiatric care in conflict zones: Recommendations for the Arab region. *BJPsych International*, 1-3. <https://doi.org/10.119/ji.2020.41>

ADDITIONAL COURSEWORK

Clinical Research Institute (CRI) – AUBMC

February 2020

- "Qualitative Research Workshop"

April 2020

- "How to Conduct Systematic Reviews and Meta-Analyses"

University of Edinburgh – Coursera

May 2020

"Introduction to the Philosophy of Cognitive Sciences"

EXTRACURRICULAR

American University of Beirut (AUB) – Title IX Office

February – May 2018

Member in Title IX's Student Action Committee: Assisted in preparing events and projects to raise awareness on harassment and discrimination and promote a safe and inclusive environment on campus, and was a member of the focus group that led to the initiation of Title IX at AUB.

American University of Beirut (AUB) – Secular Club

September 2015 – June 2018

Elected member in the AUB Secular Club: Was involved in the club's electoral campaign and organized several internal and public events and campaigns under the club's Cultural Committee.

RELEVANT SKILLS

- Fluent in Arabic and English
- Proficient in French
- IBM SPSS