

Mary Terez Alkholy

Self-made artist, pharmacist



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@marytherezek_art

Educational qualifications

2021-Present

M.Sc. IN CLINICAL RESEARCH AND PHARMACOEPIDEMIOLOGY

Faculty of Pharmacy, The Lebanese University, Lebanon

DOCTOR OF PHARMACY, Pharm. D.

Faculty of Pharmacy, The Lebanese University, Lebanon

2016-2021

B.Sc. IN PHARMACY PRACTICE

Faculty of Pharmacy, The Lebanese University, Lebanon

Thesis: Targeting RAS-mutant tumors

Achieved the highest grade (17/20)

2013-2015

INTERNATIONAL GENERAL CERTIFICATE OF SECONDARY EDUCATION A-LEVEL

(Biology, Chemistry, Physics, Mathematics)

Professional experience

JULY, 2018-PRESENT

Pharmacie Baabda



Baabda-Lebanon

COMMUNITY-PHARMACIST/INTERN

- Patient counselling, education and advice on the proper use of medications
- Effective use and management of medications during economic and medicinal-shortage crisis
- Customer service and communication
- Customer and sales accounts management
- Improved the pharmacy's technical efficiency
- Stock-warehouse management and organisation
- Improved patient-file organisation by encouraging the use of a new pharmacy software
- NSSF and private medical-insurance operation management

APRIL-JULY, 2021

Sacre-Coeur Hospital



Baabda-Lebanon

CLINICAL-PHARMACY INTERN

- Clinical-test reading, analysis and interpretation
- Treatment follow-up with physicians and other health-care professionals
- Prescription and iatrogenic-error validation
- Case-presentation, interpretation and analysis
- Patient education and counselling

JUNE-SEPTEMBER, 2016

Kids' Tent Summer Camp



Jeddah-Saudi Arabia

EXTRACURRICULAR-ACTIVITY PLANNER

- Planning and organisation of leisure and recreational activities
- Organising and conducting artistic activities for skill development
- Designing event posters, brochures and invitation cards

Voluntary experience

2018-2021

POSTER DESIGN

- Designed posters and social media posts for promoting social events and enhancing social-media presence of the PharmaClub student club at the Lebanese University-Faculty of Pharmacy

2018-2020

POSTER DESIGN

- Designed posters, brochures and social media posts for promoting participation and social-media presence of the student charity club, LIU Smiles Club at the Lebanese International University (LIU)

MARCH-OCTOBER, 2019

HEALTH CAMPAIGNS

- Participated in a flu-vaccination campaign organised at Home of Peace Elderly Home- Lebanon
- Participated in a flu-vaccination and a healthcare-awareness campaign at Amour et Partage Elderly Home-Lebanon

Design experience

- Designing promotional posters, educational brochures and social media posts for raising awareness regarding different health-related topics in a community-based approach.
- Organising campaigns to spread knowledge about different diseases such as COVID-19, HIV, etc.
- Designing invitation cards, gift cards, chocolates, cookies and photo-booth setups for weddings, graduation parties, baby showers, etc.
- Drawing personal portraits using different media (paper, digital, charcoal, paint, etc)
- Different lettering and font techniques using various media
- Ability to professionally work with and combine various media using different styles
- Ability to combine the best of both worlds (pharmacy and art) in order to always create something unique, innovative and creative
- Always going the extra mile, no matter what it takes, to make sure my work is definitely one-of-a-kind!

**You can have a glimpse of my work on: https://www.instagram.com/marytherezek_art/.
Additional samples available upon request.

Extracurricular activities

2016-PRESENT

PHOTOGRAPHY AND PHOTO-EDITING

- Different photography styles for different occasions
- Professional photo-editing using multiple software (Adobe Illustrator, Adobe Lightroom, etc)

MARCH-MAY, 2019

DRAWING

- Won the 1st place at a drawing contest organised by Lebanese Pharmacy Students Association (LPSA)-Lebanon
- Won the 1st place at a drawing contest organised by Pizzanini Restaurant chain-Lebanon

JUNE-SEPTEMBER, 2018

TYPOGRAPHY COURSE

- Achieved a very good
- Participated in a typography exhibition organised by the Faculty of Arts-Lebanese University and won the 2nd place

MARCH-JUNE, 2018

EVENT ORGANISATION

- The Concept Exhibition at the Graphic Design Department- Lebanese University, Hadath
- Children's day at The Islamic Orphanage - The Social Welfare Institutions in Lebanon.
- Conference organiser: The Lebanese Food, Drug and Chemicals Association (LFDCA)-1st Scientific Congress

Language qualifications

- English: Native
- Arabic: Native
- German: Intermediate
- French: Intermediate

Skills

- Attention to Details 
- Accuracy 
- Design 
- Drawing 
- Photography 
- Troubleshooting 
- Public Speaking 
- Technical and Computer-software Proficiency 
- Creativity 
- Persuasive Communication 

Personality highlights

91%

Decision Making

88%

Critical Thinking

85%

Punctuality and
Time Management

94%

Multitasking

90%

Learning and
Adaptability

87%

Leadership

**References available upon request