

LARA ANDRAOS CHAHINE

Objective: I am seeking a position within my chosen field that will challenge me and allow me to grow beyond my potential and to use my education, skills and past experiences in a way while aligning to the standards of the team and ideology I would be joining; embracing its achievements and yet remaining on constantly adding value to it.

I- Personal Information:

- Nationality: Lebanese
- Address: Achrafieh, Sassine
- Date of Birth: June 17, 1994
- Mobile: 70-393297
- E-mail: lara.chahine@hotmail.com

II- Work History:

- Operator and cashier - diet center achrafieh, 2021.
- Secretary and Event planner at St John the Baptist Church, Achrafieh, (2013-Present)
- Secretary at BIMPOS, Dora (2019)
- Internship at Centre Hospitalier Bhannis, Metn, (November 2018)
- Internship at the Psychiatric Hospital of the Cross – Bkennaya, (June 2016 – September 2018)
- Operator at Mr Brown – Achrafieh – Beirut (2017 – 2018)
- Instructor at Little Medical School – Beirut (2016 – 2017)
- Private Lessons (2016 -2017)
- Archivist in the Ministry of Finance – Adlieh - Beirut. (2016)
- Cashier at Minimarket - Achrafieh. (2016)
- Operator at FoodStyle - Achrafieh. (2015-2016)
- Secretary at Dr. Edouard AbdulNour Clinic - Horsch Tabet - Sin el Fil. (2013)
- Salesperson, Hallmark, City Center and ABC – Achrafieh. (2013)
- Assistant at Dr. Joseph Ghoubril Clinic - Achrafieh. (2012-2013)
- Office Assistant - Sin el Fil. (2012)
- Teaching private lessons - Saint Charles School – Achrafieh. (2011-2012)

III- Education:

- Master's degree "Clinical Psychology" - Lebanese University, Faculty of Letters and Human Sciences, Deanery, Dekwene. (2016-2019)
- Bachelor degree in "Psychology" - Lebanese University, Faculty of Letters and Human Sciences - Fanar. (2013-2016)
- Lebanese Baccalaureate, Sociology & Economy Branch - Sisters of Charity School - Sassine Square - Achrafieh, Beirut. (2012)

IV- Trainings and Certificates:

- Psychological First Aid, (October 2020).
- Cognitive and Behavioral Therapy training, ALTCC - "Association Libanaise de Thérapie Comportementale et Cognitive"- Hospital of the Cross, Bkennaya, Jal el Dib (January 2018- 2020)
- "Training about Child Protection" Himaya, Fanar, (12 January)
- "Trauma Healing Training", Bible Society, Mansourieh, (6, 7, 8 December)
- "Active Listening and Intervention in Suicidal Crises", Embrace, AUB (9-10-11 November 2018)
- "CETA Training Common Elements Treatment approach", Medecins du Monde, Beirut (10-15 September 2018)

V- Skills:

- Languages:
Arabic, English and French: Fluently spoken, read & written.
Spanish, Italian fair.
- Computer skills:
 - Microsoft Office (Word, Excel, PowerPoint)
 - Photoshop
- Personal Competencies:
 - Responsible
 - Reliable
 - Honest
 - Punctual
 - Hardworking