

# Zeinab H. Khazem



## ABOUT ME

An aspiring senior student majoring in psychology. A mental health advocate and activist with aims to expand field work experience, help those in need and hopefully become a professional in the field.

## CONTACT

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## LANGUAGES

- Arabic: Native
- English: Fluent
- French: Beginner

## HOBBIES

- Reading
- Writing
- Biking
- Walking
- Listening to podcasts

## EDUCATION

**Lebanese Baccalaureate: Economics and Sociology**

**Beirut Modern School (BMS)**

2006 - 2019

**Undergraduate Major in Psychology**

**Lebanese American University (LAU) in Beirut**

2019 – Present

**Undergraduate Minor in Social Work**

**Lebanese American University (LAU) in Beirut**

2019 – Present

## EXPERIENCES

**Global Classrooms Lebanese American University Model United Nations (Delegate) - 2017 – 2018**

Gained experience in time management, debate, conflict-resolution and adaptation strategies.

**Embrace NGO (Unofficial Volunteer) - 2018 – 2019**

Embrace: A national non-governmental organization that aims to provide suicide prevention and emotional crisis services.

Work included: awareness campaigns, logistics.

**Part-time Professor Assistant at LAU - 2019 – 2020**

For my financial aid (FA) work, I was honored to assist Dr. Pia Tohme (psychotherapist and psychology assistant professor at LAU) to gain experience in the field from a professional while completing my FA working hours. Work included: transcription, data-entry, data-collection, and using SPSS.

**International Social Work Summer School Program (Trainee) - 2021**

The University of Applied Sciences Würzburg-Schweinfurt (Germany) and the Lebanese American University (Lebanon) hosted a "Violence Prevention and Conflict Transformation" training program which I fully completed.

**Social Mouvement NGO (Volunteer) - 2021**

Went through 4 months of trainings for the 'Shabake Project', which consisted of lectures in addition to applied work on inclusivity and several other humanitarian issues.

**Social Mouvement NGO (Intern) - 2021 – 2022**

Completed a 3-month internship that consisted of aiding social workers with their work in addition to conducting case management on one of the beneficiaries.

**Kayani For Palestinian Females Project (Intern) – 2021**

Field Facilitator for community support groups under Laha Program in Lebanon.

## SKILLS

- Time-management, leadership, patience, ethics, and flexibility
- Ability to cope with emotionally-demanding situations
- Communication (written and verbal)+ sensitive listening and questioning skills
- Data-analysis and problem-solving skills