



Céline Arslane

Professional Goals

I aim to work in the field of social services. I hope to become a human rights activist to inspire the youth, give hope to the unfortunate and victims of discrimination, and raise awareness about sustainability. My main focus is mental health. I look forward to being able to offer therapy and break the taboo on this subject. I also aim to collect as much experiences as I can in the business and entrepreneurship world to be qualified enough to create my own enterprise one day that support all of my previous goals.

Get in touch!

Landline:

05/454242

Mobile:

71/444000

Email:

celinearlane3@gmail.com

Address:

Hazmieh, Mar Takla

Social Medias:

Instagram: @celinearlane

LinkedIn:

<https://www.linkedin.com/in/celine-arslane-69bba7222/>

Languages Spoken

Arabic, French, English

Work Experiences

Internships

Psychology | kids with mental retardation and orphans (2019)

I met a lot of great psychologists, each one thought me the importance of their different job. I learned how to write a report at the end of a therapy session with a patient. Moreover, I learned how to identify a patient's situation through a simple drawing or his point of view about a certain picture.

Sustainability | empower youth in advancing the SDGs, UN GCNL (2021-)

The goal is to empower youth in advancing the SDGs in Lebanon. Until now, I learned more about the youth interests and what SDG they would prefer to focus on in order to make a positive impact on a certain issue that is bothering them.

Academic History

Collège Notre-Dame de Jamhour

Graduated, French Baccalaureate (in Biology, History Geography Political science and Geopolitics, Languages Literature and Foreign Culture)

- Art classes (2018-2021) : learned new methods in theory and in practice, general knowledge about the different artistic movements, artists, etc.
- 24h of social work (2018-2019) : in order to realize the 2030 UN agenda goals, my group worked on sustainable development and environment. We met with LCEC, the Ministry of Water and Energy, and Live Love Recycle, to raise awareness, gain knowledge and build our own projects
- Think Tank club (2020-2021) : this club is about talking, sharing, debating on a specific topic then expressing our point of view through art
- Co-founder of Earth Wise Lebanon + Project Aquascope Ambassador (2019-2021) : my teammates and I created an environmental club that manages the recycling at our school, gives workshops to raise awareness about many topics (waste management, water crisis, etc.) to middle and high schoolers, and help them create and realize their own projects. Earth Wise Lebanon is also ambassadors of Project Aquascope, a similar club who works with students all around the world with the same objective of raising awareness and spread knowledge about the environment and sustainability.

Saint-Joseph University of Beyrouth

Psychology major | 1st year license

History- International Relations minor | 1st year minor

- Gender and sexuality club (2021-) : living in Lebanon as a woman, I faced a lot of gender inequalities and every sexual related topic is very taboo. This club helps every youth talk openly about these topics which helped me a lot since I always feel oppressed, and all together we take action to make a change with the hope of creating a safer and a freer environment.
- Feminist club (2021-) : as a woman, I faced a lot of inequalities and discrimination. This club aims to empower every woman out there, to help them move forward and make them feel valued. There is no reason why women can't leave out there peacefully and have the same opportunities as men. Both genders are qualified enough to have the same opportunities and be amazing leaders.
- Art club (2021-) : art was and will forever be a part of my life. My favorite hobbies were always painting and drawing. Art helped me get through a lot of personal issues by expressing myself in those beautiful healthy ways. The diversity in this domain still leaves me speechless. All of the above pushed me to signing up for this club and hopefully this will be an inspiring experience.
- Entrepreneurship training (2022) : my curiosity and ambition made me signed up for this. The entrepreneurship world is so wide and there's a place for everyone. I engaged in this because I believe that being an entrepreneur is such an amazing and efficient way to help others in many fields while being sustainable. My ultimate goal is to use my knowledge about entrepreneurship and merge it with the mental health field.

Other experiences

- UWC short course (2019) : one of the best experience of my life was this summer camp about Human Rights in Action in Switzerland. We talked and debated on many topics like inequalities, LGBTQIA+ community, genders, immigration, etc. Meeting new people with different backgrounds, cultures, point of views, etc. helped me gain a new approach on many topics and this is very eye opening.
 - Demola Global Challenge (2021) : this program offers a lot of really interesting challenges. Personally, I applied to a challenge that really caught my attention : Art in Education - Making an Education Revolution into the University Arena. I'm honored and grateful for being accepted on that team. Working with people all around the world was an amazing and inspiring experience. Despite the diversity and the differences between our countries, cultures, systems, we found a lot of similarities and we all worked together to improve our world.
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Activities

- Tennis (2013-2017) : playing tennis was a great way to take my mind off the stress of school and my own worries
 - Piano (2011-2012) : piano like any other art, is an amazing technique to express your emotions in a healthy way and this helped me a lot
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Volunteering

- Scout (2012-2020) : this experience helped me develop some skills such as teamwork, self-sufficiency, surviving, and resourcefulness. It also helped me with my personal growth and got me out of my comfort zone. Assisting others and offering my services helped me grow more empathy towards our community.
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Certificates

The certificates below that I got from cooperating to workshops, seminars, and apprenticeship, and in which I chose to take part of gave me some tips, advices, and helped me improve some skills. All of them are really useful in my everyday life and in my professional career.

- Sell yourself, issued by Saint-Joseph University of Beyrouth
 - Communication skills, issued by Saint-Joseph University of Beyrouth
 - Social media content and management, issued by Saint-Joseph University of Beyrouth
 - Competitor certificate, issued by Hult Prize Foundation
 - Future analyst and co-creator, issued by Demola Global
 - Leadership in times of crisis, issued by Rotaract
 - Achievement of Demola International project studies, Kajaani University of Applied Sciences
 - Entrepreneurship training, issued by Saint-Joseph University of Beyrouth
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Skills

Art, environmental awareness, sustainability, research, project management, multilingual, leadership, time management, design, team leadership, analytical skills, problem solving, creativity skills, training, teamwork, teaching, canvas