

Darine Fanous

Beirut, Lebanon | 71-260885 | darine_fanous@hotmail.com

EDUCATION

American University of Beirut

Degree: Bachelor of Science in Nutrition and Dietetics - June 2011

Awards: Dean's honor list for fall 2008-2009

WORK EXPERIENCE

American University of Beirut Medical Center (AUBMC)- Dietary department (*Beirut, Lebanon*)

Office Assistant (February 2010- June 2010)

- Data Entry
- Sort and organize paperwork
- Type and verify data
- Create spreadsheets with large number of figures

United Medical Group – UMG (*Beirut, Lebanon*)

Clinical Dietitian and Nutritionist (September 2012- August 2018)

Zarif Medical Center (*Beirut, Lebanon*)

Clinical Dietitian and Nutritionist (March 2012-present)

Al Makassed Philanthropic Islamic Association of Beirut (*Beirut, Lebanon*)

Clinical Dietitian and Nutritionist (February 2013- August 2021)

Social Reform Association Dispensary (*Beirut, Lebanon*)

Clinical Dietitian and Nutritionist (October 2013- January 2021)

Dia Clinics- Private clinic (*Beirut, Lebanon*)

Clinical Dietitian and Nutritionist (June 2014-present)

- Nutrition consultations
- Assisting clients to reach their goals
- Regular clients communication to discuss program needs and educational plans
- Responding to clients' inquiries via emails, WhatsApp, and phone

You Deserve Diet Center (*Beirut, Lebanon*)

Clinical Dietitian and Customer Service Representative (August 2018- June 2019)

- Nutrition consultations
- Assisting clients to choose their meal plans and reach their goals
- Regular client communication to discuss program needs and educational plans
- Responding to clients' inquiries via emails, WhatsApp, and phone
- Worked on CRM system (Trello)

TRAININGS ATTENDED

The Supervising Food Safety Training- Level 3 (*Beirut, Lebanon*)

G.W.R Consulting – October 2011

Dietitian Trainee (*Beirut, Lebanon*)

Hayek Hospital (Dietary Department) – February 2012

Nutrition in Emergencies (*Beirut, Lebanon*)

American University of Beirut in collaboration with the institute of Global Health(part of University College London) – May 2016

SKILLS

Language Skills:

- Arabic: Excellent
- English: Excellent
- French: Good

Computer Skills:

- Microsoft Office (Microsoft Office Word, Microsoft Office Excel, Microsoft Office PowerPoint, and Microsoft Teams)
- Research
- Google meet
- Zoom

EXTRACURRICULAR ACTIVITIES

Guest speaker on:

- Al- Jadid Tv with Chef Richard on “Wala Atyab” program
- Lebanon Radio Station
- Quran Al- Karim Radio Station
- Mother and Child (Nadine Magazine)
- Chou Fi Jdid (Online Magazine)

Volunteered in:

- Dar El-Aytam Al- Islameya
- Omer El-Madid
- Makassed Scouts