



**Sibelle Mattar Fares**

+ 961 71 812747  
Sibelle\_m8@hotmail.com

Beirut, Lebanon

## PROFILE

Skilled Dietitian with more than 3 years experience in different health and nutrition and lifestyle fields (weight loss and gain, diabetes, pregnancy, cardiovascular disease etc.).

Has acquired different administrative skills from working in events organization, health program coordination, media coordination, social media management, and different projects and programs related to schools, e-mobility, conferences, workshops etc. Example of projects: Green Schools Certification Program MENA ([www.greenschools.me](http://www.greenschools.me)), and e-MotorShow Middle East for electric and hybrid cars ([www.e-motorshow.com](http://www.e-motorshow.com))

## EXPERIENCE

### **Dietitian**

Dietitian in Polyclinic, managing life style and food habits to maintain a healthy life for the patients and achieving their goals. Diets for staying in shape and for health issues including: customized diets, weight loss or gain, pregnancy, diabetes, cardiovascular disease...) – 2018 - 2021

### **Media Executive and Project Coordinator**

Project Coordinator, Green Schools Certification Program and related activities (administrative assistance, coordination, audits and issuing reports for schools – engaged more than 170 schools and helped 65 schools to transform into certified Green Schools) – 2015 - 2020

Media Executive, e-MotorShow Middle East and related events (handling media partnerships, social media calendar plans, media plan execution, monitoring and reporting) – 2019 - 2020

**e-EcoSolutions**

## EDUCATION

### **Bachelor in Nutrition and Dietetics**

- Bachelor in Nutrition and Dietetics from the Lebanese Canadian University (LCU) – 30/6/2017
- Lebanese Baccalaureate of Science from Modern Saint Anthony School – 26/8/2014

## ACHIEVEMENTS

- Passed an assessment in: Highfields Level 3 Award in Effective Auditing and Inspection (RQF) for Food Safety – 6/6/2018
- Passed the nutrition colloquium test – 29/11/2017
- Nutrition training for 6 months at Saint Louis Hospital – from May 8th till November 8th 2017

## Languages

- Arabic, English, French