Dalia Abbas

Psychology Graduate

Address: Beirut, Lebanon | Phone: +961 76 671 796 Email: daliaxabbass@gmail.com | Nationality: Lebanese

Summary

A dedicated and humanitarian Social Worker with 1+ years of experience in the Humanitarian, social work, and psychology industries. Responsible for the effective and successful management of entertainment activities, relations with patients, care plans, and policy and program development. Effective leader who performs well in a collaborative environment with clients and coworkers. Adept at ensuring timely delivery of projects and services and their technical feasibility. Seeking to work in an environment that is conducive to my intellectual, professional, and personal growth, where I can contribute significantly to the growth of the team/organization with strong experience and expertise leading to success.

Experience

Social Work Intern - 03/2023 to 05/2023

Oasis de Vie, Beirut, Lebanon

- Coordinated with the team to identify relevant innovative sustainable solutions to overcome any rising obstacles.
- Collected and compiled data related to project objectives and keeping records of project activities.
- Worked closely with the team and participated in all team meetings, tracked schedules and deadlines, and followed up on important tasks.
- Assessed patients' needs and developed personalized care plans. Ensured that each patient understood the plans and handled all their concerns.
- Provided emotional and mental health support by providing a safe space for the patients.
- Coordinated care with healthcare providers and community organizations and operated cross-functionally in order to meet patients' and organizational needs.
- Conducted research for policy and program development.

Education

Bachelor's Degree in Psychology (with Honors) – 2023 Lebanese American University, Beirut, Lebanon

Volunteer

Volunteer Entertainer - 06/2023 to 08/2023

CCCL (AUBMC), Beirut, Lebanon

- Provided entertainment programs and activities to entertain children with cancer.
- Organized interactive games, storytelling, and arts sessions to allow the children to express their feeling in a safe inclusive environment.
- Collaborated with a volunteer team to create a joyful environment.
- Prepared different set of activities with other volunteers while setting key targets and objectives to deliver.
- Provided an assessment and feedback after each event and highlight areas of improvement.

Community Volunteer - 09/2021

Borderless NGO, Beirut, Lebanon

- Organized and supported the progress of the project with team members while constantly monitoring and delivering value.
- Understood the NGO's current process and requirements and integrating sets of data into frameworks used to develop practical solutions as well as technical assistance.
- Delivered case status and communicated key insights with team members.
- Organized entertainment events for Palestinian refugee children.
- Arranged engaging activities like magic shows and dancing competitions.

Community Volunteer – 04/2019 to 05/2019

Nazik Al-Hariri Welfare Center, Beirut, Lebanon

- Volunteered at a center for children with special needs.
- Organized entertainment activities, distributed food and gifts.
- Developed skills in engaging with children with difficulties.
- Reported daily, weekly, and monthly on activities and results to the designated person.
- Ensured that the environment was safe and conducive for personal growth and organization growth.

Certifications

Quality Rights Certificate, World Health Organization (WHO) – 2023.

Certificate of Participation, Goethe Institute Entrepreneurship Program – 2019

Second place in Reading and Writing Competition, ATEL – 2017

Skills & Expertise

- Leadership & Team Management
- Communication & Negotiations
- Problem Solving
- Project Management
- Strategic Planning
- Adaptability
- Planning & Organization

- Data Analysis
- Time Management
- Decision Making
- Microsoft Office
- Emotional Intelligence
- Market Research
- Presentation Skills

Languages

Arabic: Native | English: Fluent