

ZAHRAA NASSOUR

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EDUCATION

2018– 2023 **Lebanese Amercian University of Beirut(LAU)**
Beirut, Lebanon *Bachelor's Degree in Psychology*

2012– 2018 **city international school of Beirut(CIS)**
Beirut, Lebanon *American highschool system*

WORK EXPERIENCE

6/2018 present **Co-founder at San.Rea**
Beirut,Lebanon

- Handled candidate screening, assessment, and placement (full cycle recruitment).
- Sourced candidates for clients through job marketing campaigns, cold calls, and internal database.
- Assisted clients in arranging interviewing process and job offers with candidates.

09/2023- present **Internship at Learn&Play nursery**
Beirut, Lebanon

- Offering support to a child with behavioral challenges and delays in speech, gross and fine motor skills.
- Implementing strategies to manage challenging behaviors and encourage positive social interaction with peers

VOLUNTEER EXPERIENCE

2021 **Primary Health Center**
Beirut, Lebanon

- Archived medical records.
- Designed and spread Mental health awareness campaigns.

Workshop

2021 **Shape your life**
Beirut, Lebanon

- Reflected on values, beliefs, strengths, and weaknesses to gain self-awareness
- Set clear, achievable short-term and long-term goals in various areas of life, such as career, relationships, and personal growth

2022 **Access Bars**
Beirut, Lebanon

- Gained knowledge about access bars, a technique involving lightly touching 32 points on the head, which are believed to correspond to different aspects of life.
- Learned how to perform the access bars technique, where these points are gently touched, allowing the release of electromagnetic charge associated with thoughts, feelings, and emotions

ADDITIONAL INFORMATION

- **Technical Skills:** SPSS,R Studio, MS Office (including Excel), Canva, Literature Search
- **Certificates:** Mental health, recovery and community inclusion
- **Languages:** English (Fluent), Arabic (Mother Tongue), French (fluent)
- **Nationality:** Lebanese/Belgian