

Adel Reda

a master's student in clinical psychology

Compassionate and highly motivated Clinical Psychology Master's student

✉ adel.reda1@icloud.com

☎ 71411185

📍 Beirut, Lebanon

EDUCATION

Master's in Clinical Psychology

Université Saint Joseph (USJ)

09/2022 - Present

Beirut, Lebanon

Bachelor's degree in clinical psychology

Université Saint Joseph (USJ)

09/2019 - 05/2022

Beirut, Lebanon

Minor in sociology

Université Saint Joseph (USJ)

09/2019 - 05/2022

Beirut, Lebanon

WORK EXPERIENCE

Awareness & Outreach officer (part-time)

Embrace

08/2023 - 09/2023

beirut

Achievements/Tasks

- As Embrace's Awareness & Outreach Officer in mental health, I drive awareness through campaigns, workshops, and community partnerships.

Lifeline Operator (volunteer)

Embrace

11/2022 - Present

Beirut, Lebanon

Achievements/Tasks

- Currently volunteering as a lifeline operator at Embrace, and trained on de-escalation of emotional crises and collaborative intervention in life-threatening suicidal emergencies

Clinical Psychologist

Hopital Psychiatrique De La Croix

02/2023 - 04/2023

Beirut, Lebanon

Achievements/Tasks

- Clinical internship in a psychiatric hospital providing direct patient care and observation

Special Education Assistant

Step Together Association

10/2021 - 11/2021

Beirut, Lebanon

Achievements/Tasks

- Special Education Assistant as an internship

SKILLS

Problem-solving abilities

Critical Thinking

Leadership

Oral and written communications skills

Perseverance and motivation

Public speaking

CERTIFICATES

DALF NIVEAU C1

TOEIC LEVEL B2

Emotional disturbance and anger control workshop (LTI)

Psychodynamic Therapy (Nafsaniyoun)

LANGUAGES

French

Native or Bilingual Proficiency

English

Full Professional Proficiency

Arabic

Native or Bilingual Proficiency

INTERESTS

Reading

Participating in community mental health events and workshops

Engaging in activities that promote self-care and stress reduction