

Theresa Al Zayat

Biochemistry | Quality Control | Formulation and Food Safety | Healthcare Data Analysis

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Summary

Trilingual, I am a biochemist with 6 years of experience in the fields of food safety and the pharmaceutical industry. My academic profile encompasses two major areas: the first in Quality Control/Formulation and Food Safety, and the second in Health Data Analysis.

Experience

Pharmacy Technician

March 2019 to Present

Globemed Lebanon, Sin El Fil, Lebanon

- Responsible of the acute and chronic pharmacy claims approval.
- Review medically the treatments according to FDA and international guidelines.
- Verify patient file and prescription information for efficient claims processing.
- Investigate the rejected, identifying issues and implementing solutions.
- Price medications according to MOPH guidelines.
- Communicate with risk carriers and patients for additional claims information.

Pharmacist Assistant

January 2018 to February 2019

Pharmalife pharmacy, Hazmieh, Lebanon

- Dispense medications to patients according to their prescriptions.
- Provide excellent customer service by addressing inquiries, offering information about medications, and other over-the-counter product recommendations.
- Control the delivery, labeling and storage of the medications and medical supplies.
- Assist in managing pharmacy inventory, including ordering and stocking pharmaceutical products.
- Prepare and complete patient insurance forms and inquiries.

Food Safety Specialist Trainee

March 2017 to December 2017

Al Wadi Al Akhdar, Nahr El Mot, Lebanon

- Implement ISO 22000:2005 Food Safety Management System for four products.
- Supervise production processes, ensuring adherence to quality control standards.
- Conduct hazard analyses, managed food safety incidents, and performed regular equipment inspections.

Teacher and Center Supervisor

September 2015 to June 2018

St. Maroun after school center, Daoura, Lebanon

- Teach students from grade 9 to grade 12
- Maintain collaborative and supportive relationship with parents to foster a strong home-school partnership.

Quality Control Trainee
Benta Pharma Industries, Dbaye, Lebanon

June 2015 to August 2015

- Conduct several stability tests on pharmaceutical products.

Volunteering

Food Safety Auditor Trainee
Ministry of Economy and Trade, Beirut, Lebanon

August 2017

- Observe food preparation processes, prepare checklists, and review records.

Education

Diploma in Health Information Analysis / Data Analysis
ISSP - Saint Joseph University, Lebanon

October 2022 to June 2023

Masters in Quality Control/Formulation and Food Security
Lebanese University, Fanar, Lebanon

September 2015 to November 2017

Bachelor of Biochemistry
Lebanese University, Fanar, Lebanon

September 2012 to Juin 2015

Certificates

- **ISO 22000:2018 Certificate – 2021: Online Training – Boecker®**
- **Delf B2 French language diploma**

Skills & Expertise

- | | |
|---------------------------------|---------------------------|
| • Epidemiology | • Microsoft Office / SPSS |
| • Healthcare Data Management | • Pharmacy Operations |
| • Fraud Detection | • Pharmacology |
| • ISO 9001 / FSSC 22000 / HACCP | • Food Safety & Hygiene |

Languages

Arabic: Native | **English:** Fluent | **French:** Fluent