

# Dana Zantout

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## Education

Aug. 2023-  
Present      **Bachelor of Arts in Multimedia Journalism**  
Lebanese American University

## Achievements and Awards

Jul.2024      Awarded by Banzai Club for winning the gold medal in FSUL championship for year 2023-2024

Jun.2024      Awarded by LAU Athletic Department for winning the gold medal in FSUL championship for year 2023-2024

Jan. 2024      Certificate of completion of Blue Belt from the International Amateur Kickboxing Sport Association.

Jun. 2023      **Lebanese Baccalaureate in Economics and Sociology**      2021-2024      

- 2 Silver medals at Banzai Club championship.
- Gold medal at the national universities Muay Thai championship .

  
Harirri High School II

## Experience and Volunteering

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- Apr. 2024      **Interview About Women’s Challenges While Practicing Martial Arts in Lebanon**  
*With Coach & Referee Nancy Rashed Bazz from B-Fit Gym*
- Conducted an interview with Coach Nancy to investigate gender-based challenges female martial artists and trainers face while practicing Muay Thai on a national scale in Lebanon
  - Probed about gender discrimination during national elections for the regional Mt. Lebanon Muay Thai committees
  - Inquired about biases during judging and scoring during national competitions and championships
- Apr. 2024      **Feature Story about Coach Nancy Rashed Bazz**  
*Coach and Referee Nancy Rashed Bazz from B-Fit Gym*
- Wrote a feature story about Coach Nancy to focus on her experiences and her impact in Lebanese girls to join martial arts activities.
  - Explored her potentials in encouraging and helping girls overcome societies biased opinions.
  - Shed lights on her journey and the hardships she faced during her athletic career.
  - Discovered the competitions that she participated in and their impact on her career.
  - Delved into her family’s support and how she reached the committee.
- Dec.2023      **Interview About the Bank Employees Financial Status**  
*With a Local Bank Employee*
- Conducted an interview regarding the Financial Status of bank employee benefiting from LBP salaries during the drastic economic situation in Lebanon.
  - Provided an overview about their financial plans to survive within the tough economic situation in Lebanon.
  - Discussed further suggestions that might be applied to enhance their financial circumstances.

- Dec.2023      **Interview with Bank Employee About the Cancelation of Sayrafa**  
*With a Local Bank Employee*
- Investigated the circumstances regarding the cancelation of the Sayrafa platform.
  - Deliberated about the negative impacts of this decision on bank employees with mostly LBP salaries.
  - Analyzed the profits of Sayrafa and management of these benefits for the standard civilian.
  - Collected suggestions regarding some potential alternatives to the Sayrafa platform.
- Dec.2023-present      **Volunteer at Nation Station NGO**  
*Nation Station Non-Governmental Organization*
- Wrote feature stories about:
- How the NGO financially supports unemployed women to through employment.
  - The practical courses that the NGO provides to enhance women's skills level and performance.
  - The design competition that the NGO organized to help design students show their potentials.
- Nov.2023      **DanChurch Aid Competition: Impact Through their Eyes**  
*DanChurch Aid (DCA) - Coordinator for Female Palestinian and Syrian Refugees Through NGOs*
- Wrote a feature story with the help of Borderless NGO regarding the aids that DCA coordinates:
- Conducted and interview with Syrian and Palestinian refugees concerning the most significant hardships that women refugees suffer from in Lebanon.
  - Focused on the financial and educational benefits that the refugees benefited from the NGO.

## Skills and Competencies

**Languages:** Arabic – Native; English – Fluent; French – Basic

**Computer Skills:** Microsoft Word, Excel, PowerPoint, Adobe Indesign, Adobe Illustrator, Canva

**Research Skills:** Interviewing, Writing, Reporting, News Editing, Information Analysis, Networking, Content Creation, Creative Writing,

## References

Jihad EL Mallah – Journalist, Lecturer, & Trainer at the Lebanese American University

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## Links to Referred Work

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**WordPress Link:** <https://danazantout9.wordpress.com/>

**Feature Story with Ms. Nancy Rashed Bazz:** <https://www.instagram.com/p/C59FWT0sa4d/?igsh=cnF5OXFlcWImczJk>

Instagram sports news page link: [https://www.instagram.com/msn\\_news\\_leb?igsh=OTNqanJ4OTF4azRv](https://www.instagram.com/msn_news_leb?igsh=OTNqanJ4OTF4azRv)

Additional references are available upon request.