

³Rita Al Chidiac

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Summary & objective

Energetic self-starter my goal is to become associated with a company where I can utilize my skills to gain further experience while enhancing the company's productivity and finances, and readily adapt to changing priorities.

Professional Experience

January 2016- 2020 / HealthBox-Rabieh
Administrative Dietitian

Beirut, Lebanon

Achievements:

- Assesses patients and makes appropriate care plans.
- Counsels patients and/or family in appropriate diet or nutrition therapy.
- Documents and communicates nutritional data appropriately.
- Participates in the planning and implementation of departmental policies and procedures.
- Advanced knowledge of nutritional supplements and the ability to communicate this verbally and through written communication to store staff, our customer base, and event audiences with a high level of energy
- Strong execution standards in company initiatives with a proven track record of success
- Assists Chief Clinical Dietitian with changes to the patient's menu, including patient food preferences, the development of standardized recipes, and overseeing food service workers in proper food handling and portion control
- Provides patients and their families detailed individualized nutrition plans for treatment/management of their illness/disease based on completed nutritional assessment. Provides nutritional treatment/management plan to the ordering physician as well as patients' readiness to change and level of knowledge
- Selling packages to customers
- Receiving
- Data entry- Customer payments on a daily basis
- Reconciliation of suppliers statement of accounts
- Cash payments
- Preparing a report of all due invoices and reporting to the manager

March 2015- 2021 / Roadster Diner

Beirut, Lebanon

Head Waitress

From 2021 till 2024

Supervisor at roadster

Achievements:

- Helped customers with their inquiries and resolved issues promptly.
- Consistently checked on customers to ensure satisfaction with each food course and beverages.
- Effectively communicated with all staffs regarding new protocols.
- Managed closing duties.
- Monitored dining area to ensure best customer experiences.

From July 2024 till September 2024

Internship at Xeetek company as business analyst

From July 2024 till August 2024

Internship as data scientist at Teckwithwarriors

Education

School: - Les filles de la Charite – Zouk Mikael

-Lycee Abou Chabake- Zouk Mikael

Major and qualification obtained: Life sciences (LS)-Lebanese BAC II

University: Lebanese German University (LGU) - Sahel Alma

Major and qualification obtained: Nutrition-Dietitian

University: Lebanese university jdeide

DATA science

Accomplishments

- Training to know many languages programming
- Python
- R language
- Java
- C++
- SQL
- SPSS
- Power BI

Trainings:

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Personal skills

- Time management
- Analysis
- critical thinking

Languages

Arabic (Native)

French (Fluent)

English (Fluent)

Hobbies

- Sports
- Reading
- Outdoors

References are available upon request.

Jules abi fadel(xeetek) :71354474

Miss. Vera Tayoun : 03-188086

Mrs. Joyce Zailaa (Head Dietitian at "Maritime Jbeil Hospital"): 70-962927

Dr. Diana Boulos (Head of Department at LGU): 03-904435

Mr. Harout Agopian (Floor Manager at Roadster Diner): 03-423545