

Ghida Nasr

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Beirut-Lebanon

MEDICAL LAB TECHNICIAN

Motivated medical lab student with strong teamwork, communication, organization, and problem-solving skills. Third-year Medical Laboratory Sciences student at USJ Lebanon. Experienced in lab protocols, accurate diagnostics, and troubleshooting. Adaptable, detail-oriented, and passionate about healthcare. Seeking a medical lab position to contribute to patient care and advance medical science.

EDUCATION

Universite Saint-Joseph

Bachelor in Medical Laboratory Science

2022-Present

Shouf National College

Graduate Diploma in French Baccalaureate

2007-2022

PROFESSIONAL EXPERIENCE

Hôtel-Dieu de France (HDF)

Medical Lab Technician (Internship)

Sep 2024- Present

- Exposure to Multidisciplinary Lab Functions:** Gained valuable experience in key areas such as biochemistry, microbiology, immunology, hematology, pathology, hormonology and blood bank, understanding the processes behind accurate diagnostics and patient care.
- Familiarity with Laboratory Protocols:** Learned best practices in laboratory operations, including sample preparation, quality assurance, and safety measures in a high-volume medical facility.
- Enhanced Diagnostic Knowledge:** Built a strong foundation in interpreting medical laboratory results through guided interaction with experienced professionals and case-based learning.
- Professional Development:** Strengthened technical understanding and communication skills, contributing to a collaborative and efficient lab environment.

Ain w Zain Medical Village

Medical Lab Technician (Internship)

May 2023-July 2023

Ain W Zain Medical Village provided me with valuable knowledge and experience in various laboratory departments, allowing me to develop a solid foundation in medical testing and procedures.

- Performed Diverse Laboratory Tests:** Conducted a wide range of laboratory tests across various departments, including bacteriology, hematology, immunology, parasitology, flebotomy, and blood bank, showcasing versatility and proficiency in different aspects of medical laboratory work.
- Ensured Accurate and Timely Results:** Played a key role in the accurate and timely analysis of samples, contributing to the reliability of laboratory results. Developed a solid understanding of laboratory procedures, equipment operation, and quality control measures to maintain high standards of testing.
- Maintained Clean and Organized Work Environment:** Collaborated with the lab team to uphold a clean and organized work environment, adhering to safety protocols. Received positive feedback for dedication, reliability, and effective teamwork, contributing to the overall efficiency of the laboratory workflow.

VOLUNTEERING

MMKN (ممکن)

Coordinator- Education

Oct 2022-Dec 2022

- Filled Excel sheets for students
- Coordinated with other volunteers and school staff
- Maintained accurate records of student information
- Assisted with event planning and execution
- Developed organizational and administrative skills

Rotaract Club (USJ Guest Member)

Oct 2024 – Present

- Attended multiple meetings and events, gaining exposure to diverse perspectives and strengthening networking skills.
- Contributed to club activities by collaborating with peers on initiatives that promote community engagement.
- Learned valuable organizational and leadership skills through participation in discussions and event planning.
- Currently preparing for a project within the Finance Committee, building on prior experiences in teamwork and project coordination.

LICENSES AND CERTIFICATES

Lebanese Red Cross -Basic Life Support (BLS)

Oct 2024- Nov 2024

Certified in life-saving techniques and emergency response protocols, with a focus on:

- Cardiopulmonary Resuscitation (CPR):** Proficient in performing CPR on adults, children, and infants, ensuring effective chest compressions and ventilation techniques.
- Automated External Defibrillator (AED) Use:** Trained in recognizing cardiac emergencies and operating AEDs to restore normal heart rhythm.
- Airway Management:** Skilled in clearing and maintaining airway patency, including techniques for choking victims.
- Team Dynamics in Resuscitation:** Knowledgeable in effective team-based approaches during medical emergencies, fostering coordination and communication under pressure.
- Scenario-Based Training:** Completed rigorous hands-on practice in high-stress emergency scenarios to enhance confidence and responsiveness.

Foundations of Digital Marketing and E-Commerce-Course

June 2023-July 2023

Coursera

- Holistic Digital Marketing Expertise:** Acquired a comprehensive understanding of diverse digital marketing channels and techniques, enabling the creation of integrated strategies for both online and offline elements.
- Mastered SEO Techniques:** Achieved proficiency in search engine optimization, enhancing website visibility, driving organic traffic, and improving search engine rankings, resulting in optimized web content discoverability.
- Strategic Social Media Management:** Gained insights into leveraging social media for effective brand promotion and engagement. Developed content strategies, managed campaigns, and analyzed metrics to refine tactics.

KEY COMPETENCIES

Communication
Time Management
Attention to Details

Data Analysis
Quality Assurance
Troubleshooting

Teamwork
Research Skills
Organization

Medical skills
Technical skills
Soft skills