

JulieJane Homsii

Nutrition Education Coordinator | Dietitian | Public Health Researcher

Lebanese - American

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Julie Jane Homsii is a devoted Dietitian and Nutrition Education Coordinator with a master's in public health from Ohio University and a bachelor's degree in Nutrition and Dietetics from Lebanese International University. With project management, training coordination, and community health solutions, her most current job is Nutrition Education Coordinator, where implementing education workshops, programs and managing wellness projects is her main goal and focus. Her expertise extends to conducting comprehensive literature reviews. As a member in the Antelias Maronite Youth Pastoral Office (AMYP), a coordinator of the Cultural-Education Committee, a member of the Ecological Committee within AMYP, an alumni of the "Youth Leadership Program" at UNDP, and lastly a Girl Scout Leader, Julie Jane's diverse background in leadership settings further enriches her profile, showcasing her communication skills between teams and partners, excellent problem-solving abilities, and coordination training skills and events.

Education

Master's in public health, MPH

Cumulative GPA: 3.69
(Ohio University- Ohio USA) Aug 2021- Dec 2023

Relevant Coursework:

- Health Promotion and Behavior Change
- Public Health Policy and Management.
- Program Planning & Implementation Rural Public Health
- Rural Health Disparities.

Bachelor's degree in Nutrition and Dietetics
(Lebanese International University LIU – Mount Lebanon, Lebanon)
Feb 2016- Jul 2019

Experience

Nutrition Education Coordinator | INPACT/NUMED -Beirut, Lebanon

July 2024 - Present

- Lead and implement comprehensive nutrition education programs targeting dietitians, healthcare professionals, children, and the general public, with an emphasis on evidence-based nutrition principles and healthy lifestyle habits to have a better client engagement.
- Provided training services across hospitals and universities for dietitians focusing on practical skills, tools and techniques for dietetic internships.
- Coordinated engaging educational workshops and resources for diverse audiences including a detailed Nutrition School Education Program.
- Manage administrative tasks, prepare detailed reports, and communicate feedbacks to ensure better program outcomes.
- Ensure timely procurement, development, and distribution of materials and equipment in accordance with organizational procedures.

Dietitian | Healthy Vibes by JJ (Owner) - Zalka, Lebanon

January 2024 – Present

- Offered tailored nutritional advice, meal planning, based on individual requirements.
- Provided one-on-one consultations to patients, assessed their dietary needs, health conditions, and goals.
- Created educational interactive sessions for kids about healthy eating patterns that caters to the diverse needs of students.

Project Manager | Wellness Health Clinic-Advanced Eye Care- Naccache, Lebanon

November 2023 – January 2024

- Developed, implemented, and managed comprehensive wellness programs to meet the diverse needs of clients.
- Coordinated wellness events in collaboration with health professionals, including nutritionists and physicians, to create integrated wellness programs and progress reports

<p>Key Skills</p> <ul style="list-style-type: none"> • Proficient in Microsoft Office Suite (Word, Excel, PowerPoint, Outlook). • Multilingual: Fluent in English, Arabic, and French. • Skilled in data exploration and transformation using SAS program tools. • Health Education, Program Planning & Implementation • Strong time management skills, adept at prioritization and delegation. • Interpersonal skills, active listening, and communication skills. • Client communication & stakeholder engagement <p>Certificates</p> <p>Dec 2023 “Epidemiology” – Ohio University</p> <p>Apr 2021 «Diabetes – a global challenge » - Copenhagen University – Denmark</p> <p>Nov 2020 “Inspiring Leadership through Emotional Intelligence” -Case Western Reserve University – Ohio</p>	<p>Research Assistant Intern American University of Beirut (AUB) - Beirut <i>July 2023 - August 2023</i></p> <ul style="list-style-type: none"> • Conducted comprehensive literature reviews examining the correlation between food marketing policies and childhood obesity in the health community. • Annotated bibliographies to support comprehensive literature reviews, ensuring a thorough understanding of existing research within specified domains. • Conducted a comprehensive literature review in addition to preparing documentation and reports that support the community health initiatives. <p>Research Assistant Intern Ohio University - Athens, Ohio <i>January 2023 - April 2023</i></p> <ul style="list-style-type: none"> • Crafted a comprehensive narrative presenting research findings, showcasing a profound understanding of public health contexts. • Planned and executed community health research using qualitative and quantitative methods. • Synthesized scientific literature to document determinants in community health. • Contributed to Institutional Review Board (IRB) applications, and wrote documentation for project proposals, and strategies for improving access to healthcare. <p>Extracurricular Activities</p> <p>Antelias Maronite Youth Pastoral (AMYP) Board- Antelias, Lebanon <i>October 2024 - Present</i></p> <ul style="list-style-type: none"> • Coordinator of the Cultural Committee responsible of preparing cultural activities for youth meetings, organizing educational and cultural gatherings, and conducting training sessions to develop leadership skills among leaders. • Member of the Ecological Committee within AMYP. <p>Youth Leadership Program Alumni UNDP- Beirut, Lebanon <i>July 2023 – January 2024</i></p> <ul style="list-style-type: none"> • Conducted collaboration between health project managers, relevant partners, communication specialists, and community leaders. • Demonstrated problem-solving prowess by addressing challenges and proposing innovative solutions. • Collaborated with a diverse team of fellow program alumni to plan and execute a youth-led community development initiative. <p>Volunteer - Girl Scout Team Leader Scout de Independance - Lebanon <i>October 2017 – Present</i></p> <ul style="list-style-type: none"> • Facilitated personal growth and community engagement to foster self-esteem and a sense of service. • Coordinated and implemented projects aligned with UN Sustainable Development Goals (SDGs), focusing on "Zero Hunger" and "Good Health and Well-being." • Engaged with community leaders and residents to ensure project relevance and success. • Trained and mentored youth teams in leadership and health education.
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