

# Alaa Sonji

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## EDUCATION

<b>Master of Arts in School Counseling</b>	2022 – Present
Lebanese University – Faculty of Pedagogy – Furn el Chebbak	
<b>Bachelor in Early Childhood Education</b>	2019 – 2022
Lebanese University – Faculty of Pedagogy – Unesco	

## EXPERIENCE

<b>PSS Trainer   Youth Connect Program</b>	February 2025
<ul style="list-style-type: none"><li>Developed and led psychosocial support sessions to youth.</li></ul>	
<b>Life Skills Facilitator   Mentor Arabia and Lebanese Spotlight</b>	September 2024 – January 2025
<ul style="list-style-type: none"><li>Delivered the Ready Program to children.</li></ul>	
<b>Head of the Volunteering Committee   Lebanese Spotlight</b>	May 2024 – March 2025
<ul style="list-style-type: none"><li>Managed the affair of over 300 volunteers by leading a team of 15 youth.</li></ul>	
<b>Life Skills Facilitator   World Vision and Lebanese Spotlight</b>	June 2024 – September 2024
<ul style="list-style-type: none"><li>Designed and delivered life skills sessions to youth.</li></ul>	
<b>School Counseling Trainee   Bourj International College School</b>	January 2024 – May 2024
<ul style="list-style-type: none"><li>Observed and assisted in implementing counselors' tasks within the School Counseling department.</li></ul>	
<b>PFA Facilitator   Save the children, Himaya and Lebanese Spotlight</b>	November 2023
<ul style="list-style-type: none"><li>Delivered the Peer to peer Psychological First Aid training to youth.</li></ul>	
<b>Life Skills Facilitator   Mentor Arabia and Lebanese Spotlight</b>	September 2023 – December 2023
<ul style="list-style-type: none"><li>Empowered 100 youth with 7 life skills through the Youth Academy program</li></ul>	
<b>Child Protection Facilitator   Himaya and Lebanese Spotlight</b>	May 2023 – March 2025
<ul style="list-style-type: none"><li>Prepared and conducted weekly awareness sessions for children.</li></ul>	
<b>Summer camp assistant   La Cime 3 school</b>	June 2023 – July 2023
<ul style="list-style-type: none"><li>Assisted in facilitating activities and supervising children.</li></ul>	

## VOLUNTEERING EXPERIENCE

<b>Member of the Training and Development Committee   Lebanese Spotlight</b>	October 2023 – March 2025
<ul style="list-style-type: none"><li>Designed and delivered sessions for youth, assisted in writing NGO policies, and helped create an organizational matrix and chart.</li></ul>	

## WORKSHOPS AND TRAININGS

PSS in Emergency Training   UNICEF	December 2024
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Frontliners' Wellbeing Training   UNICEF and Himaya	November
2024	
Mental Health, Addiction and Psychological Support Training   Oum El Nour	November
2024	
Policy Writing Training   World Vision	September 2024
PFA and Safe Referrals for GBV Survivors Training   UNFPA	August 2024
First Aid Training   Civil Defense	June 2024
Community Theatre Training   Himaya	March 2024
Child Protection and TOT   Himaya and Lebanese Spotlight	April 2023
MHMP, SCP and HVP Programs   Red cross	November 2022

## **SKILLS**

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Soft skills: Time management, Attention to detail, Communication, Leadership, Problem-Solving, Creativity, Adaptability.

Hard skills: Microsoft Office, Counseling Techniques, Facilitation, Project Management, Social Media Marketing, Data Entry, Report Writing, and Languages (Arabic, French, and English).