

Nisreen Ajouz

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Professional Experience

03/2024 – present

MEPI- Tomorrow's Leaders Career Development Officer

Lebanese American University

- Supports MEPI students in shaping their career vision and goal-setting.
- Coordinates student internships to ensure alignment with MEPI requirements.
- Delivers and organizes workshops, seminars, and skill-building sessions to enhance students' employability and critical thinking.
- Guides students in job search strategies, cv writing, interview preparation, and job retention skills, through interactive sessions and mock exercises to enhance their readiness for the workforce.
- Collaborates with the career services office, faculty, and external partners to ensure relevant and timely opportunities for MEPI students.

02/2023 – present

Career Guidance counselor

Freelance

- Offers comprehensive individualized career counseling, including understanding clients' aspirations and skills. Provided personalized guidance on career paths and majors, administering aptitude and career assessments.
- Guides clients through the college and scholarship admissions process, including application strategies, essay writing, and interview preparation.
- Establishes relationships with local and some abroad educational institutions, staying informed about their admission requirements and criteria.
- Supports clients in shaping their career paths by guiding academic and professional decisions, while fostering key employability skills through internships, mentorship opportunities, and targeted skill-building initiatives.
- Delivers practical training in job search strategies, CV and cover letter writing, interview techniques, and workplace readiness through interactive workshops, role-plays, and mock interviews.

04/2022 – 02/2024

Career Guidance Counselor

Mouvement Social

- Guided teenagers aged 12 to 18 facing work, school, or dropout challenges. Provided personalized support to enrich their educational journey, assisting them in selecting professions and majors aligned with their interests and abilities.
- Developed, implemented, and conducted tailored career guidance and counseling sessions to address the distinctive needs of beneficiaries.
- Provided counseling sessions for teenagers and their caregivers, focusing on selecting the right career and fostering skills development.

- Planned and coordinated with the Ministry of Higher Education (MEHE) career guidance sessions for secondary students in public schools, delivering informative sessions to help build their career identity and make informed decisions about their future journey.
- Established connections with universities, institutions, and NGOs to secure support for beneficiaries, facilitating opportunities for further education, skill development, and grants. Ensured a seamless transition for teenagers into their chosen career paths.
- Played a pivotal role in organizing a career forum at the Lebanese University, specifically for school students, technical school students, and those undergoing vocational training. This forum aimed at guiding and informing diverse student populations about potential career paths.

2017 – 2019

Intern in Counseling departments

Makassed Schools

- Shadowed, assisted, and collaborated in the counseling office on academic and career counseling initiatives.
- Delivered individual counseling sessions as part of a comprehensive program for students across various grade levels.
- Organized both individual and group academic counseling sessions tailored to student needs.
- Supported teachers in applying behavior management strategies and effective classroom techniques.

2017 – 2019

Grades 7&9 Math Teacher for Special Learning Students (Part Time)

Ali Bin Abi Taleb Makaseed School

Grades 5 & 6 Math & Science Teacher

Ali Bin Abi Taleb Makaseed School

2011

Day-camp Program Director

Les Smarteez Daycare

- Implemented and directed a fun day-camp that enhances creativity, teamwork, and critical thinking for kids aging between 6 and 12.

2002 – 2009

Private Tutor for Middle and Secondary Students in Areas of Mathematics and Sciences

Freelance

- Taught and mentored students, including those with learning disorders and special needs, by implementing Individualized Education Plans (IEPs) in cases such as cognitive delay, dyslexia, slow learning, ADHD, short-term memory disorder, and epilepsy.

Education

2022

Masters in School Counseling with emphasis on Career Guidance

Lebanese University

Thesis: The Effect of Career Adaptability, Resilience and Future Orientation, and Life Satisfaction on Adolescent Secondary Students' Career Decidedness

2017

Special Education Diploma

Haigazian University

2005

Bachelor of Science in Biology

Haigazian Univesity

Certificates

An Introduction to Adaptive Leadership Certificate

– Dana Karout (Harvard University) | April 2024

Leadership Coaching Certificate

– John C. Maxwell | Aug 2023

Public Speaking Certificate

– John C. Maxwell | Sep 2022

Trainings & Workshops Delivered

Smart Choices: Decision-Making Skills for Personal and Professional Growth

– MEPI Tomorrow's Leaders Program, LAU

Designed and facilitated an interactive workshop to help students develop critical decision-making skills for career and personal development. Participants engaged in real-life scenarios and reflective exercises to strengthen their ability to make informed, value-driven choices.

Preparing for the Career Fair Workshop

– MEPI Tomorrow's Leaders Program, LAU

Developed and delivered a practical workshop to help students prepare effectively for career fairs. Covered strategies for researching companies, refining elevator pitches, making strong first impressions, and following up professionally. Emphasis was placed on maximizing networking opportunities and aligning interactions with long-term goals.

Enhancing Career Adaptability for a Successful Transition

– MEPI Tomorrow's Leaders Program, LAU

Designed and facilitated a workshop to equip students with the skills and mindset needed to navigate career transitions effectively. Focused on adaptability, resilience, lifelong learning, and identifying transferable skills to thrive in a dynamic job market.