

Rima Al-Manasrah

Mass Media and Communication Student

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PROFILE

A dedicated mass media and communication student who is able to adapt in any environment. Willing to learn new skills in a healthy and successful workplace. Eager to gain more knowledge and experience in the journalism field.

EDUCATION

University of Balamand September 2019- Present

Bachelor's Degree Graduate in Mass Media and Communication at the Faculty of Arts and Sciences

Currently pursuing a Master's Degree in Mass Media and Communication

Universal School of Lebanon (LWIS-USL)

WORK EXPERIENCE

- **Graduate Assistant (January 2024-Present)**
- **Student Work at the University of Balamand in the department of Mass Media and Communication**
- **Nudge Lebanon (July 2023-August 2023)**
 - Research Assistant
- **The961 (June 2023-July 2023)**
 - Social Media Content Creator
- **Social Media Manager for Dr Dima Danawi's Electoral Campaign (Internship) (April 2022- May 2022)**
 - Was in charge of photographing and filming the events she hosted for her election campaign.
 - Was in charge of all her social media accounts (TikTok, Instagram, Facebook, and Twitter.)
- **Student Work at the University of Balamand in the Office of Admissions and Registration (October 2019-December 2019)**

EXTRA-CURRICULAR ACTIVITIES

- **Girls' Varsity Soccer Team Player** September 2015- June 2019
- **Model United Nations Delegate at the Lebanese American University in Jbeil** October 2017-March 2018
- **Camp Counselor at Safadi Summer Camp** July 2018- August 2018
- **Delegate in Harvard Model Congress at the American University in Dubai** January 2019
- **Volunteered at Empowerment Through Integration Camp for the visually impaired** July 2017- August 2017 and June 2019-July 2019
- **Training with UNESCO on "Lebanese municipalities through the eyes of future journalists"** March 2023
- **Attended the Arab Regional 2023 World Press Freedom Day celebration** May 2023
- **Online Course: Digital Content Creators and Journalists: How to be a Trusted Voice Online with The University of Texas at Austin (Knight Center for Journalism in the Americas) and UNESCO.** (November-December 2024)

HONORS AND REWARDS

- **Won a second-place award in all of Lebanon with the Girls' Varsity Team** – May 2017.
- **Certificate of participation in the GC LAU MUN Annual High School Conference** 2018.
- **Certificate of participation in Harvard Model Congress** 2019 in Dubai.
- **Deans Honors List (Fall Semester 2022-2023)**
- **Certificate of Completion Online Course: Digital Content Creators and Journalists: How to be a Trusted Voice Online with The University of Texas at Austin (Knight Center for Journalism in the Americas) and UNESCO.** November-December 2024

SKILLS

COMPUTER: Microsoft Word, Excel, PowerPoint, Avid Media Composer, and Canva.

LANGUAGES: Fluent in English and Arabic. Beginner in French.

SOFT SKILLS: Creativity, Leadership, Problem Solving, Team Cooperation, Communication, Adaptability, Time Management, Organization and Planning.