

Asmaa Mohammad

Social Worker | Life Skills Facilitator | Career Guidance Facilitator

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Summary

Dedicated and data-driven Social Worker with over 7 years of experience spearheading education, mental health, and child protection programs for vulnerable and crisis-affected communities in Lebanon. Expert in integrating Psychosocial Support and trauma-informed care into multi-partner initiatives, consistently achieving measurable improvements in child well-being, literacy, and community resilience. Proven ability to lead full-cycle project implementation. Seeking to work in an environment that is conducive to my intellectual, professional, and personal growth, where I can contribute significantly to the growth of the team/organization with strong experience and expertise leading to success

Experience

Career Guidance Facilitator -09/2025 to Present

Injaz Organization, middle and west Bekaa, Lebanon

- Conducted thorough intake assessments to identify the job seeker’s transferable skills, educational background, career goals, and employment gaps.
- Developed and delivered targeted workshops on essential job-seeking skills, including CV optimization, professional correspondence, and high-impact interview preparation, ensuring job seekers are competitively positioned for the market.
- Matched strategically qualified candidates to available opportunities and serving as the key liaison between the job seeker and prospective employers, thereby streamlining the hiring process.
- Tracked progress post-placement to ensure job retention and continuous professional development, utilized data to report on tangible and measurable employment outcomes.

Life Skills Facilitator and Field Supervisor – 08/2025 to Present

Hand Organization - Human Aid and Development, Majdal Anjar, Lebanon

- Dedicate to delivering foundational education and protection services within a vulnerable community context, operating under the strategic framework of the Ministry of Education and Higher Education (MEHE), War Child, and the Educational Center for Development.
- Implement a structured, multi-partner approved curriculum across six progressive learning levels (L1- L2 - L3), driving measurable improvements in core literacy and numeracy competencies for at-risk youth.
- Spearhead targeted community outreach and mobilization initiatives to identify, enroll, and retain out-of-school children into formal and non-formal education programs, effectively reducing barriers to access.
- Design and facilitate structured psychosocial support (PSS) sessions to foster emotional resilience, social well-being, and positive coping mechanisms among students and their families.
- Ensure stringent adherence to child safeguarding and protection protocols across all program activities, maintaining secure learning environments and upholding the highest ethical standards of confidentiality.
- Manage comprehensive student logistics and duty of care, including daily attendance tracking, safe entry/exit procedures, and the coordination of secure transportation services.
- Conduct critical field data collection and monitoring exercises, including Post-Distribution Monitoring (PDM) and multi-sectoral needs assessments, to inform programmatic decisions and strategic direction.
- Serve as a key liaison for community awareness, educating families on child rights, protection risks, and available service pathways, while proactively identifying and referring cases through established coordination mechanisms.
- Contribute to overarching project goals and community resilience by supporting the organization and implementation of wide-ranging, community-based well-being activities.

Psychosocial Counselor – 09/2024 to 11/2025

Society for Social Support and Education organization, West Bekaa, Lebanon

- Design and deliver a comprehensive social-emotional learning (SEL) curriculum for over 700 adolescents, employing diverse pedagogical approaches including role-playing, group discussions, and interactive exercises to foster skill development and well-being.
- Conduct targeted psychoeducational workshops on critical topics including child rights, healthy relationships, conflict resolution, and gender-based violence (GBV), resulting in a 32% measured increase in student knowledge of support services and reporting mechanisms.
- Implement a data-driven monitoring and evaluation framework, utilizing teacher observations, self-assessment forms, and pre/post-surveys to quantitatively track program efficacy and guide iterative improvements to program design.
- Document significant, measurable outcomes including a 25% reduction in behavioral incidents, a 32% increase in positive peer interactions, and a 10% decrease in self-reported student anxiety following targeted interventions.
- Integrate evidence-based therapeutic techniques, including mindfulness and cognitive behavioral strategies, into group sessions to effectively build emotional regulation and resilience among participants.
- Establish and manage a robust interagency referral system (IRF/RIMS) to ensure at-risk students received timely and specialized support, coordinating care with external service providers.

Mental health MH Social Worker – 02/2025 to 05/2025

Primary Health Care Center (PHCC) Barelias Center, Barelias, Lebanon

- Spearheaded the integration of Mental Health and Psychosocial Support (MHPSS) services into a primary healthcare setting, enhancing accessibility to comprehensive care for a diverse patient population.
- Conducted systematic screenings and assessments for mental, neurological, and substance use (MNS) disorders utilizing validated WHO assessment tools and protocols to ensure accurate diagnosis and care planning.
- Engineered and implemented a comprehensive community resource map and referral directory for local NGOs and shelters, streamlining coordination and reducing client wait times for specialized services by 35%.
- Maintained rigorous, confidential patient records and produced detailed reports on program outcomes to demonstrate impact and ensure full compliance with Ministry of Public Health (MOPH) mandates.
- Provided direct, evidence-based mental health support and crisis intervention within the primary care framework, addressing a spectrum of protection concerns and psychosocial needs.

ECD (early childhood development educator and Facilitator) Volunteer – 01/2018 to 11/2024

Tomouh Organization, Bekaa, Lebanon

- Designed and facilitated individualized and group early childhood development activities for 79 children and adolescents, fostering cognitive, social, and emotional growth through mentorship, structured workshops, and one-on-one guidance.
- Monitored and documented developmental progress across key domains, using observational data and feedback to tailor support strategies and maintain regular communication with parents and community stakeholders.
- Developed and delivered specialized psychosocial support (PSS), child protection, and safeguarding sessions, increasing parental engagement by 69% through participatory feedback and adapted psychoeducational materials.
- Led awareness-raising initiatives on gender-based violence (GBV) prevention and child rights, strengthening protective factors and integrating safeguarding principles into all program activities.

Private teacher (IEP) – 01/2021 to 07/2024

Freelance, Bekaa, Lebanon

- Designed and delivered individualized instruction for adolescents with diverse learning needs, including ADHD and mild intellectual disabilities, utilizing differentiated instructional strategies to promote academic achievement and personal growth.
- Monitored and documented student progress through continuous assessment, adapting teaching methodologies and learning materials in real-time to align with evolving educational goals and maximize student engagement.
- Fostered a supportive and empowering learning environment that built student confidence and self-efficacy, maintaining consistent communication with parents to ensure alignment on developmental progress and strategies.

Education

Master’s Degree in Medical Social Work – 06/2024

Lebanese University, Zahle, Lebanon

Bachelor’s Degree in Medical Social Work – 2023

Lebanese University, Zahle, Lebanon

Skills & Expertise

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| • Child Protection & Safeguarding | • Data Collection & Analysis (Kobo, SurveyMonkey) |
| • Psychosocial Support (PSS) | • Monitoring & Evaluation (M&E) |
| • Trauma-Informed Care | • Needs Assessment |
| • Crisis Intervention | • Report Writing |
| • Community Mobilization & Outreach | • Workshop Facilitation |
| • Stakeholder Engagement | • Psychoeducation |
| • Case Management | • Mental Health First Aid |
| • Curriculum Development & Implementation | • Interagency Collaboration |
| • Differentiated Instruction | • Cross-Cultural Communication |
| • Individualized Education Programs (IEP) | • Mobile Health Unit (MHU) Operations |
| • Emergency Humanitarian Response | |

Languages

Arabic: Native | **English:** Fluent