

Rebecca Matta

rebeccarmatta@outlook.com | +961 76 439 889 | Adonis, Zouk Mosbeh, Lebanon

EDUCATION

Lebanese American University, Jbeil – Lebanon September 2022 – December 2025
Bachelor of Arts in Psychology, Minor in Business

- Site visit: Lebanese Internal Security Forces (ISF); observation of forensic procedures and institutional practices.
- Site visit: Deir El Salib; observation of psychiatric care setting and patient management.

Collège des Sœurs des Saints Cœur, Kfarhabab – Lebanon September 2007 – June 2022
French Baccalaureate: specializing in physics and chemistry, mathematics, and biology.

- Graduated with Honors

PROFESSIONAL EXPERIENCE

Sesobel, Observational Internship – Aintoura, Lebanon October 2025 – December 2025

- Carried out behavioral and emotional observations of children using standardized observational tools.
- Documented findings in structured grids and submitted analytical reports under professional supervision.
- Communicated observations clearly with supervisors and contributed to structured reporting within a multidisciplinary team.

LAU Simulation Models, Outreach Coordinator – Jbeil-Beirut, Lebanon October 2024 – June 2025

- Promoted LAU Simulation Models (MUN, MAL, MEU, MGG) to students and external schools; supported outreach initiatives.
- Coordinated events, managed attendance and certifications, and acted as liaison with external institutions.

Lebanese American University, Library Assistant – Jbeil, Lebanon. January 2024 – October 2024

- Assisted students daily, guided them in using library systems and resources, and maintained an organized, calm, and supportive study environment.
- Supported circulation services while ensuring order, efficiency, and a positive experience for students.

Internship Keserwan Medical Center, Ghazir, Lebanon. July 2021 – August 2021

- Observed surgeries, diagnostic imaging (MRI, X-ray, mammography), and basic laboratory procedures.
- Assisted in therapy sessions with children with psychomotor difficulties and learned hospital medication management.

CERTIFICATES

CITI Program Certifications (LAU):

- Social & Behavioral Responsible Conduct of Research (RCR).
- Social-Behavioral-Educational Researcher – Basic Course.

ICD-11 Clinical Training (WHO & Columbia University):

- Dissociative Disorders (Unit 9).
- Feeding or Eating Disorders (Unit 10).

SKILLS

Soft Skills: Empathy and active listening, Strong sense of responsibility and professionalism, Teamwork and collaboration, Leadership and youth supervision, Adaptability in sensitive and diverse environments

Functional Skills: Organization and time management, Administrative coordination and record keeping, Event and outreach coordination, Clear written and verbal communication, Ability to work under supervision and follow protocols

Technical Skills: Behavioral and emotional observation, Use of structured observational tools and grids, Clinical note-taking and report writing, Basic data recording and analysis, Ethical awareness in psychological and clinical settings

Languages: Arabic(Native), English(Fluent), French(Fluent)

VOLUNTEERING

Order Of Malta, Chabrouh, Lebanon June 2025 – Present

- Took part in humanitarian camps and activities serving children, people with disabilities, and socially vulnerable individuals.
- Engaged in regular visits and activities with residents of Deir El Salib, offering companionship, emotional support, and inclusion.
- Contributed to a team-based environment focused on dignity, respect, and community support.

Les Scouts Du Liban, Kfarhabab, Lebanon. September 2021 – present

- Led a unit of young boys (ages 8–12) by organizing weekly meetings, camps, and community service activities to build teamwork and leadership skills.(Cheftaine de Meute)
- Managed administrative tasks, maintained member records and attendance, and coordinated internal communications to support smooth group operations.(Group Secretary)

Les Guides Du Liban, Kfarhabab, Lebanon September 2010 – September 2021

- Engaged in group activities, camps, and community service projects that fostered leadership, teamwork, and civic responsibility.
- Built essential skills in communication, discipline, and cooperation through structured scouting programs.