



Tony Walid Barhoum

Licensed Psychologist / Mental Health Specialist

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Professional Experience

Profile Info

License of Practice #: 2024/3/16170

Lebanese Order of Psychologists #: 1183

Highly skilled and dedicated clinical psychologist and mental health professional. Compassionate in helping others and to give my best providing for everyone the needed help, doing that with love, empathy and respect..

Education

Master Degree in Psychology
Lebanese University 2020 - 2022

Bachelor Degree in Psychology
Lebanese University 2017 - 2020

Christian Orthodox Theology
St. Maxim Center 2017 - 2020

Skills

Empathy

Problem-Solving

Communication

Listening

Emotional Stability

Patience

Ethics

Organization

Research

IT Skills

Microsoft Word

PowerPoint

Excel

Psychologist Freelance October 2023 - Present

- Conduct psychological assessments using standardized tests, clinical interviews, and observations.,
- Offer therapeutic interventions across including individual therapy, group therapy, and family therapy.
- Conduct risk assessments to evaluate potential harm to self or others, and develop safety plans
- Work with organizations, schools, or businesses to develop mental health programs or policies.
- Engage in regular supervision and continuing professional development to maintain competence.

MHPSS Consultant Arab Resource Collective - ARC (NGO) August 2022 - Present

- Provided TOTs and trainings in different topics: Mental health, parenting skills, gbv violence...
- Communicated about caregivers' challenges and responses + the referral of cases
- Mentored parents & caregivers giving the the appropriate psychological and social support .
- Coordinated w/team regarding lesson learned, enhancing sessions curriculum &session process

MHPSS Officer International Committee Of The Red Cross - ICRC October 2024 - Dec 2025

- Delivered daily psychological assessments, follow-up consultations for patients in the Trauma Center in Hrawi Hospital Zahle During Leb War 24-25 , supporting their mental health and recovery journey.
- Collaborated with surgeons, physicians, and the multidisciplinary medical team to integrate psychological care into patients' treatment plans for comprehensive support.
- Provided psychological support to hospital staffs nurses ,on stress management, emotional resilience, and mental well-being in a high-pressure medical environment + capacity building group sessions.
- Led several group sessions for various parties all over Lebanon , such as Lebanese army, Islamic health society, university student as emergency preparedness plan/ capacity building / burnout prevention / mental health awareness / focused psycho social support / Trauma Respond.. adding debriefing critical incidents, promoting emotional recovery and self-care strategies. and techniques on how to approach trauma affected patients.

Psycho-Pedagogical MHPSS Leader SOS Children Village - Ksarnaba March 2024 - August 2024

- Supervised 5 Educators, Psychologist, Speech Therapist, Psycho motor therapist, & offer support
- Observed 12 residing families and over 50 children following up on individual plans (health/mental health, case management, educational...) in coordination with the pedagogical team.
- Set recreational plan to caregivers to promote their health and well-being, self-development...
- Took part in the selection, training, appraisal and development of all staff
- Plans and follows-up on the Capacity Building activities of staff,

Counselling Officer Danish Refugee Council - DRC (INGO) October 2022 - December 2023


- Provided individual Career Counseling services for approximately 1500 participants, supported them building their livelihood pathway, Being part of Graduation Approach.
- Managed and monitored the career counselling assistant, providing guidance and support, and capacity building + supporting her in the life skills sessions.
- Supported the Team Leader in developing budget forecast, work plans and tools + Participated in field-based research activities related to DRC economic recovery programing
- Ensure that the technical aspects of the project are running in accordance with the objectives.
- Assist in the recruitment of qualified and experienced staff, trainers, and consultants if required.
- Provide Life Skills and Decent Work Conditions Training, sessions, TOT sessions

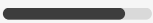
Psychologist Christ Roi School I Zahle Rassieh January 2020 - October 2022

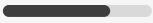
- Created a warm, welcoming and accepting space where all during interview, and group sessions.
- Provided individual and group counseling, behavior analysis and the psychological sup to students.
- Assessed and diagnosed students to determine eligibility for special services.
- Educated caregivers on what they can do for their child or how to respond to certain behaviors.
- Conducted: Recreational activities, Group therapies, PSS session, Child protection awareness sessions.


Psycho-Social Support Facilitator Medair (NGO) I Bekaa December 2020 - October 2022

- Delivered MHPSS sessions and Peer support group sessions to adults.
- Provided technical capacity building on PSS, CP and GBV protection concepts, safe identification and referral and confidentiality and informed consent
- Maintained positive relations with local authorities and others.
- Facilitated the participation of all segments of the target population in the planned activities ensuring the inclusion of the most vulnerable groups.

ODK Collect 

IBM SPSS 

Adobe Phostoshop 

Video Maker 

Other Skills

Gender Based Violence Knowledge

Child Protection Knowledge


Psychological First Aid (PFA)


Prevention & Resilience Skills


Scouts Experience


Driving License


Language

Arabic 

English 

French 

Greek 

Russian 

Other Experiences & Training

FPSS TOT 2022

World Vision | Zahle

- CPHA core values
- Child & Adult Safeguarding Management policy
- Early Identification and Safe Referral
- Session Management skills
- Remote modality guidelines

Psychologist Internship 2022

Himaya (NGO) | Zahle

- Conducted clinical Interviews.
- Collaborated with social workers in case studying.
- Conducted CBT intervention with patients.
- Conducted Play therapy with kids
- Learned reporting skills and organizing skills
- Passed psychological tests
- Learned basic skills in counseling practices and methods.

Positive Parenting Mentor TOT 2022

Arab Resource Collective | Raouche

- Child Protection skills
- Mentoring parents and caregivers skills
- Session management skills
- Urjuha Platform access

Psychologist Internship 2022

Tel Chiha Hospital | Zahle

- Conducted clinical Interviews.
- Worked closely with doctors and nurses in the diagnosis of special cases.
- Passed psychological tests.
- Learned more on the psycho pathological cases.
- Supported the patients psychologically.
- Motivated the health crew.

MHPSS TOT 2022

Medair (NGO)

- PSS & PSG training, Child protection , GBV, Protection training
- Curriculum delivering training
- Referral and ODK training

Mental Health Training 2022

ISSUP Webinar

- PSS & PSG training courses.
- Coping strategies courses.
- Substance abuse , GBV, CP, LGBTQ courses.
- Attended courses on how to deal with traumatized people .

Psychologist Internship 2020 - 2021

Rays Of Hope (NGO) | Zahle

- Special education techniques, case studying, shadow teaching, reporting
- Different aspect of children with disabilities & enhanced their behavioral problems.
- Group and individual play therapy and art therapy

Psychologist Internship 2020 - 2021

Nusroto (NGO) | Zahle

- Conducted: individual and group therapies, awareness sessions, Psy tests
- Learned about substance abuse and traits of addicts and how to work with them.

Self Development Training 2018

St. Maxim Center | Zahle

- Learned: Self Development skills, Motivational skills.
- Positive education techniques
- Social support techniques