

Hiba Rkein

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OBJECTIVE

Clinical psychology master's student with supervised clinical training seeking an entry-level role to apply psychological assessment, research, and client support skills in promoting mental health and psychosocial well-being.

EDUCATION

Beirut Arab University M.A. in Clinical Psychology (In Progress)	Beirut, Lebanon 2025 – Present
Lebanese University Bachelor's degree in psychology	Beirut, Lebanon 2023
Université Jean Moulin Lyon 3 Semester abroad in Management Studies	Lyon, France 2022
American University of Science and Technology Coursework in Business Finance	Beirut, Lebanon 2020
Collège Sacré Cœur Gemmayzeh Lebanese baccalaureate, Socio Eco	Beirut, Lebanon 2019

EXPERIENCE

Clinical Trainee – Dar El Ajaza Hospital 400-hour clinical training required for LOPsy registration (100 hours completed). <ul style="list-style-type: none">• Completed 100 hours of clinical observation and supervised direct client work.• Provided psychological support and intervention based on individual client needs.• Worked with clients presenting with:<ul style="list-style-type: none">-Schizophrenia (skills development, grounding techniques, managing hallucinations)-Post-Traumatic Stress Disorder (PTSD)- Substance use disorders- Developed individualized treatment plans with clear goals and objectives.- Monitored and worked toward treatment goals under daily clinical supervision.- Prepared comprehensive case studies for hospital submission, including interventions, progress, and expected outcomes.- Assisted in clinical case discussions and diagnostic formulation under supervision	Beirut, Lebanon 2025 - Present
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ADDITIONAL ACADEMIC & PROFESSIONAL EXPERIENCE

Psychology student association – Lebanese University

Member | 2020 – 2023

- Participated in initiatives promoting mental health awareness among university students
- Contributed to organizing activities providing psychological resources and peer support
- Assisted in developing and implementing new ideas and initiatives for the association

Psychological Assessment Training

Training in psychological assessment during academic and clinical training, including:

- Rorschach inkblot test
- Thematic apperception test (TAT)
- Clinical diagnostic interviews
- Projective and personality assessment techniques

Therapeutic Approaches Exposure

- Psychoanalytic and psychodynamic approaches
- Cognitive behavioral therapy (CBT) techniques
- Humanistic therapy approaches
- Trauma-informed care

Clinical Skills

- Clinical observation and case conceptualization
- Psychological support and stabilization techniques
- Case documentation and progress notes
- Active listening and therapeutic rapport building
- Participation in supervised clinical discussions

Research Skills

- SPSS statistical analysis
- Psychological research methodology
- Literature review and academic writing
- Data interpretation and research reporting

Technical Skills

- Microsoft Word
- Microsoft PowerPoint
- Microsoft Excel
- SPSS

Professional Development

- Personal psychoanalytic therapy (ongoing) as part of clinical self-development

Professional Interests

- Trauma and post-traumatic stress disorder (PTSD)
- Psychoanalytic and psychodynamic psychotherapy
- Personality disorders
- Unconscious processes and defense mechanisms

Languages

- Arabic — Native
- English — Advanced proficiency
- French — Advanced proficiency (DELF B2)
- Italian — Beginner