

Celesty Saad

Master's Student in Clinical Psychology | Bachelor's in Psychology

Beirut, Lebanon

+961 3 539 289

celestysaad@gmail.com

EXPERIENCE

Mount Lebanon Hospital University Medical Center — *Clinical Psychology Intern*

JANUARY 2026 - MARCH 2026

This 200-hour internship training included:

- Developing case conceptualizations based on the CBT approach.
- Leading group psychoeducation sessions for patients and facilitating staff care sessions for nurses.
- Conducting mini clinical interviews under supervision.
- Participating in team meetings to discuss clinical cases, as well as attending ethical discussions.

Karagheuzian Primary Healthcare Center — *Clinical Psychology Intern*

FEBRUARY 2025 - MARCH 2025

- Screening, measuring, and monitoring depression using the Patient Health Questionnaire-9 (PHQ-9) and anxiety using the Generalized Anxiety Disorder scale (GAD).
- Assessing "at risk" patients and creating suicide safety plans.
- Observing individual and family therapy sessions to deepen understanding of therapeutic dynamics and intervention techniques.

GROW CENTER, NGO — *Preschool Teacher*

MAY 2024 - DECEMBER 2025

- Applying Active Learning to Early Childhood Development.
- Providing optimal education for At-Risk children aged 3-4 through trauma-informed practices.
- Developing and implementing engaging lesson plans tailored to Early Childhood Education.

EDUCATION

Lebanese University — *Master's in Clinical Psychology*

2025 - 2027

Lebanese University — *Bachelor's in Psychology*

2022 - 2025

E.T.S.T.C. — *Diploma in Accounting*

2022 - 2023

Collège des Frères Mont La Salle — *French Baccalaureate (Sciences)*

2022

LANGUAGES

- English (fluent)
- French (fluent)
- Arabic (fluent)

All-One Foundation — *Special Education Teacher*

SEP 2023 - DECEMBER 2023

- Adapting teaching methods and materials to meet students' needs.
- Monitoring and reporting students' progress.
- Working with a team of educators, therapists, and families to support students' growth.
- Assisting students diagnosed with ADHD/ASD/SLD in completing their homework.

Genius Association NGO, Anera — *Special Education Teacher/Shadow Teacher*

MAY 2023 - DECEMBER 2023

- Completed Anera's 450-hour training program in Specialized Education.
- Providing support in specialized education for children with special needs (autism, intellectual disabilities...).
- Implementing individualized learning plans (IEP) tailored to the student's specific requirements.

SKILLS

- CBT-based case conceptualization
- Clinical interviewing
- Psychological assessment
- Risk assessment & safety planning
- Group psychoeducation
- Trauma-informed practice
- Preschool education
- Special education
- Behavior monitoring
- Multidisciplinary teamwork
- Ethical practice & clinical judgment