

Joseph Georges Tannous

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Professional Summary

Dedicated and people-oriented professional with over 10 years of experience in structured institutional environments, combining military HR administration, Arabic–English interpretation, and an academic background in psychology. Experienced in supporting psychosocial and community-based activities, rehabilitation services, and internal coordination in public and field settings. Strong skills in empathetic communication, documentation, and working under pressure, with a clear commitment to ethical standards, confidentiality, and supporting vulnerable individuals and communities in complex environments.

Work Experience

Military Linguist | Confidential

June 2024 – Nov 2025

- Provided real-time Arabic–English translation and interpretation of sensitive communications.
- Delivered cultural insights to support operational effectiveness and cross-functional coordination.
- Maintained strict accuracy and confidentiality in high-pressure environments.

Clinical Psychology Intern

Dahr El-Bachek Governmental University Hospital (DGUH) | May 2025

- Assisted in rehabilitation programs by applying clinical psychology principles.
- Participated in therapy sessions, patient assessments, and treatment planning processes.
- Collaborated with multidisciplinary teams to ensure comprehensive, patient-centered care.
- Strengthened clinical communication, empathy, and professional documentation skills.

HR Intern

BMB | March 2024 - May 2024

- Assisted in daily administrative and operations tasks.
- Supported seniors in documentation, reporting, and coordination.
- Conducted CV screening, headhunting and initial phone interviews.
- Maintained and updated employee attendance sheets and personnel records.

Psychosocial Support Volunteer

Nehna Haddak | Sep 2020 – Aug 2021

- Supported psychosocial and community-based activities for vulnerable individuals and groups.

- Assisted in facilitating life skills sessions, awareness initiatives, and structured group support under supervision.
- Engaged beneficiaries using empathetic communication and active listening techniques.
- Contributed to activity coordination, attendance tracking, and documentation.

HR Officer

Lebanese Armed Forces | March 2014 – Nov 2022

- Managed personnel administration for large teams in a structured operational environment.
- Coordinated training schedules, personnel movements, and administrative logistics supporting operational readiness.
- Maintained secure documentation systems for sensitive personnel and operational records.
- Supported leadership with workforce planning, reporting, and resource allocation.
- Ensured compliance with strict institutional regulations and confidentiality protocols.

Education

Bachelor's degree in psychology Sep 2018 – Sep 2024

Lebanese University

Skills

- Case management
- Psychosocial support
- Empathy & cultural sensitivity
- Report writing
- Coordination & logistics
- Interpretation (Arabic–English)
- MS Office / Data Entry
- Adaptability in insecure environments

Languages

Arabic: Native

English: Fluent

French: Conversational

Training

- Clinical internship in mental health and rehabilitation (Dahr El-Bachek Governmental University Hospital, 2025| 150 hours)
- Military leadership and operations in insecure environment

References

Available upon request