

Maria-Christina Saad

(+961) 71 096 900 saadmariachristina@gmail.com

ABOUT ME

Master's student in International Relations with a strong background in political analysis, research, and communication. Experienced in policy-oriented environments, development projects, and international cooperation, with a particular interest in governance and socio-economic challenges. Skilled in analytical writing, data interpretation, and working in multicultural settings.

EDUCATION

Masters of Arts- Lebanese American University (LAU),

Aug 2024 - Present

MA in International Relations and Diplomacy.

TNE MARE Mobility Scholar,

Sept 2025 – Jan 2026

- Spent Fall 2025 semester at the University of Torino UniTO - Italy, with a TNE Mediterranean Alliance for Research and Education (MARE) Mobility Scholarship, exploring the European international systems, international laws of global institutions, and global and local economy of development.
- Attended "Region Europe" seminars and lectures on European models of regional integration.
- Represented Lebanon during the ITACA (Italian Academia in Africa) mid-term meeting.

Bachelor of Arts- Lebanese American University (LAU),

Sep 2020 – Dec 2023

BA in Political Science and International Affairs with High Distinction and a CGPA of 3.9.

Minor in Gender Studies.

High School Degree-Collège des Sœurs des Saints Cœurs,

2020

Lebanese Diploma in General Sciences (GS) Graduated Top of Class with an Excellency Award.

EXPERIENCES & POSITIONS

Ministry of Foreign Affairs and Immigrants Trainee,

May 2025 – July 2025

- Appointed in the International Organizations, Conferences, and Cultural Affairs Directorate.
- Assisted in diplomatic tasks and writing official memorandums and verbal notes to local and external authorities.
- Attended official meetings with diplomatic personnel and officials.

Program Intern at Qualisus Consulting,

Apr 2024 – Sep 2024

- Assisted in M&E (Monitoring and Evaluation) tasks.
- Handled report writing for different project phases (pre, post, during).
- Appointed as a focal point for on-field data collection and trained data collectors.
- Coded and designed surveys on Kobotoolbox.
- Managed data quality checks for different education, protection, MHPSS and WASH projects.
- Conducted and filled more than 300 phone surveys with refugees from different Lebanese areas.

Judge at the National Debate Competition,

Jan 2024

- Judged and monitored more than 10 debate conferences in the Lebanese national competition by the DDD Community and SMART Center.
- Assessed university students and contributed to their qualification to the Qatar Debate.

Communication and Research Director CISH-UNESCO,

Oct 2023 - Dec 2023

- Handled the public and international relations.
- Ensured effective and smooth communication with the center's local and global guests and stakeholders.
- Supported in several fundraising projects.

Model United Nations (MUN) and Arab League (MAL) Trainer, Author & Chair,

Oct 2022 - Present

- Trained more than 500 High School students in public speaking, negotiation and diplomacy.
- Provided elaborate sessions on different UN and Arab League bodies, drafting formal Resolutions and peacekeeping and humanitarian interventions.
- Chaired more than 10 two-days conferences for the UNESCO, FAO, WMO, CAMT, SCM committees, and corrected all students' position papers and country statements.
- Published a Background Guide of 32 pages to assist students participating in MUN conferences during the final simulation.

CERTIFICATES

- SDG Brain Lab Program Completion** by UN Global Compact Network Lebanon
- Social and Behavioral Responsible Conduct of Research** by CITI Program
- MEAL Essentials Certificate** by disasterready.org
- MUN-USEK Second Place Diplomacy Award** by Friedrich Naumann Foundation
- Special Tribute to Outstanding Research** by LAUSM
- SOGIESC 101 Workshop Completion Certificate** by HELEM Gender Equality and Identity
- Maharat min Google: Fundamentals of Digital Marketing Training** by Google

LANGUAGES

Arabic – (Native) advanced speaking, reading & writing

English – advanced speaking, reading & writing

French – fluent speaking, reading & writing

SKILLS

- Advanced public speaking and cross-cultural communication
- Socio-political analytical writing and policy-oriented research experience
- Project coordination, stakeholder engagement and Monitoring and Evaluation (M&E) expertise
- Strong organizational leadership, adaptability and time-management
- Digital literacy (Word, PowerPoint, Excel, KoboToolbox)
- Attention to detail and research accuracy
- Ethical research practices and integrity
- Gender-sensitive and inclusive analysis and communication

EXTRACURRICULAR ACTIVITIES & VOLUNTEERING

Sergeant At Arms (SAA)- Rotaract Club of LAU, 2025 – 2026

- Handled formal protocol of club meetings and events.
- Acted as an advisor to all committees and members.

Head of the International Understanding Committee- Rotaract Club of LAU, 2023 – 2024

- Established international connections with other Rotaract clubs.
- Communicated and organized global events with international clubs such as in Cyprus, Egypt, United Kingdom, France and Trinidad and Tobago.

Vice President of the International Affairs Club- LAU, Byblos, 2022 - 2023

- Organized international socio-cultural and political exchanges with international and local guest speakers and experts.
- Introduced and contributed to the exposure of University students to the realm of International Relations.