

# Nagham al Halabi

+961 71163302 | [nja38@mail.aub.edu](mailto:nja38@mail.aub.edu) | <http://linkedin.com/in/nagham-al-halabi-949965294> | Rashaya, Lebanon

## EDUCATION

**American University of Beirut, AUB.** *Bachelor of Arts in Psychology*

August 2022 – December 2025

- Awarded the USAID Scholarship for exceptional academic excellence and leadership promise.
- Earned a minor in Education, strengthening foundational competencies in learning processes and human development
- Maintained Honors List distinction throughout all semesters with a cumulative GPA of 3.92

## PROFESSIONAL CERTIFICATION

**AUB Counseling Center, Peer-to-Peer Support Training**

January 2024 – April 2025

- Completed a 1-week Peer-to-Peer Support training program and subsequently applied the skills in practice, providing peer support and promoting student well-being.

## PROFESSIONAL EXPERIENCE

**Research assistant, Kindness orientations**

September 2025 –Present

- Led full-cycle quantitative research for a study of 100 parent-adolescent pairs, managing secure data collection online and in-person.
- Performed qualitative and quantitative data analysis using.
- Strengthened proficiency in quantitative research, data interpretation, and research reporting.

**International Conference on Applied Psychology (ICAP) , Research Conference Participation, Seoul/Busan, South Korea | June 2026 (planned)**

- Invited to present original research on parent-adolescent dynamics to an international audience of scholars and professionals.
- Will engage in academic discussions and networking to disseminate findings and advance professional development.

**American University of Beirut's Counselling Center, Peer-to-Peer Support**

January 2024- May 2025

- Certified in Peer-to-Peer Support following a one-week intensive program in mental health first aid and active listening.
- Provided direct, confidential support to fellow students, applying skills in empathy, communication, and crisis awareness.
- Gained practical experience in promoting student well-being and supporting clients through challenges.

**Markaz Harmon, Clinical Psychology Intern**

May 2024- June 2024

- Assisted in implementing individualized behavioral plans for children with developmental disorders under licensed clinical supervision.
- Utilized evidence-based techniques to address behavioral challenges and support therapeutic goals.
- Built core competencies in clinical observation, interdisciplinary collaboration, and patient-centered communication.

**Department of Psychology, Systematic Review Assistant,**

April 2024- November 2025

- Screened 16,000+ articles and extracted relevant data into structured tables for meta-analysis.
- Developed expertise in methodological screening, data synthesis, and critical literature appraisal

**Dar Al Hayat School, Workshop Facilitator**

June 2025

- Conducted a stress management workshop for middle school students, teaching evidence-based coping skills and mental health principles.
- Facilitated discussions to build resilience, correct misconceptions, and promote psychological well-being.

**Data collection, Research Assistant**

January 2025

- Managed end-to-end data collection for large-scale studies, recruiting and surveying 200 mothers and 300 parent-adolescent pairs.
- Gained hands-on experience with structured interviews, survey administration, and ethical data handling in clinical research settings.

**Freelance, All Subjects Tutor**

- Delivered one-on-one tutoring across multiple subjects, applying skills in adaptive instruction and academic mentoring to enhance student performance and confidence.

## EXTRACURRICULAR EXPERIENCE

**Clinical intern – Overcome (UK Registered Charity) — Remote**

*February 2026 – May 2026*

- Delivered structured online mental health coaching sessions to clients in Low- and Middle-Income Countries (LMICs) under professional supervision.
- Conducted client risk triage and contributed to suitability assessments for digital treatment programs.
- Supported training and mentorship of incoming interns, including participation in interview role-plays.
- Contributed to development of internal training materials and client support resources.

**Research Volunteer – DCAMH Evaluation Project, American University of Beirut**

*July 2025*

- Volunteered on an IRB-approved project evaluating a Child and Adolescent Mental Health diploma (DCAMH), performing standardized role-plays as simulated youth/caregivers using the UNICEF EQUIP toolkit.

**Haeven, Emotional supporter**

*January 2024-December 2025*

- Provided emotional support and engaged in recreational activities with pediatric patients, enhancing their well-being while building communication and child-centered support skills.

**ANERA/RECO, Community Volunteer**

*June 2025 – August 2025*

- Completed community-based training (CBT) and applied skills through fieldwork, collaborating on data-driven well-being projects and public health campaigns to support local residents.

**Nahnoo NGO, Crisis Response Volunteer**

*October 2024*

- Provided immediate psychological first aid and logistical support to conflict-affected individuals, addressing critical emotional and essential needs to promote resilience.

**Community Support Program (CSP) Volunteer/Coordinator, USAID-supported Initiative,**

*March 2025- present*

- Implemented art therapy workshops to provide psychosocial support and improve socioemotional outcomes for neurodivergent children.
- Forged partnerships with local agencies to coordinate care, assess needs, and execute community-driven programming.
- Facilitated empowerment projects to strengthen community assets and support long-term center viability.

**Dar al Eslami Orphanage, Volunteer teacher**

*March 2024*

- Facilitated engaging, developmentally appropriate learning experiences for children at an orphanage while promoting emotional well-being, resilience, and social skill acquisition.

**Mmkn NGO, Biology Tutor**

*August 2024 – May-December 2024*

- Conducted biweekly online chat sessions with official schools' brevet level students in the Beirut and Mount Lebanon areas, focusing on biology to bolster academic proficiency for their official exams, benefiting over 100 students.

**SKILLS & PERSONAL**

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**Languages:** Arabic (native), English (fluent).

**IT skills:** Office (Word, Excel, PowerPoint – Advanced), R (Intermediate), Canva (Proficient)

