

LAMEES AL-FOUT

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OBJECTIVES

As a dedicated graphic design student embarking on my second year of university, I am eager to further develop my creative skills and technical proficiency in design. My objective is to build a stronger foundation in graphic design principles while exploring diverse design techniques and software. I aim to create a strong portfolio that reflects my unique style, ultimately preparing myself for a successful career in the dynamic field of graphic design.

EDUCATION

From 09/2024 to present **American University of Beirut (AUB)**
Bachelor's Degree in Graphic Design - Expected graduation date 2028

EXPERIENCE

From 02/2026 to present **Graphic Design Coordinator**
Cedar Economics Forum

- Adobe technical skills
- Creating designs and templates
- Organizational skills

From 07/2025 to 09/2025 **Design Assistant**
Abdulla Al Ghurair Hub for Digital Teaching and Learning – AUB Work Study Program

- Adobe technical skills (Photoshop, Illustrator)
- Design problem solving

EXTRA CURRICULAR ACTIVITIES

From 09/2021 to 12/2022 **Red Cross workshops**
Embrace, Youth & Health, Environment, and Humanitarian Values & Principles

- Mental Health Awareness
- Team Collaboration
- Problem-Solving
- Presentation Skills

From 10/2022 to 03/2023 **Lebanese American University's Model United Nations (MUN)**

- Public Speaking
- Debating Skills
- Teamwork
- Research Skills

From 10/2022 to 01/2024 **Russian Cultural Center – Embassy**
Workshops and classes that include practicing the following:

- Sketching & Drawing
- Painting
- Public speaking, Research and Presentation

CERTIFICATES

Lebanese American University's Model United Nations (MUN) - 2023

SKILLS

Languages: Fluent in Arabic and English (writing, reading, and speaking)

Technical skills: Adobe Photoshop, Adobe Illustrator, Adobe InDesign, Adobe After Effects, Microsoft Office tools (Word, Excel, PowerPoint) + basic computer skills.

Soft skills: Public speaking, debating, teamwork, research, leadership, communication, commitment, reliability, organization, etc.