

Thérésia Zgheib

Journalism and Media

thesiazgheib16@gmail.com | 78976243 | Keserwan – Hrajel

Professional Summary / Objective

Graduate in Media and Journalism from the Lebanese University, passionate about media and meaningful content creation. Completed practical training at Radio Free Lebanon, where I developed skills in journalistic writing, news coverage, program coordination, and online publishing. Skilled in communication and teamwork, and capable of producing high-quality media content. I aim to work in a professional environment to enhance my journalistic skills.

Education

Lebanese University – Faculty of Media

Professional Master's in Journalism | 2024 – 2026

Investigative journalism, digital media, and media marketing strategies.

GPA: 65.44

Lebanese University – Faculty of Media

Bachelor's Degree in Journalism and Media Studies | 2021 – 2024

Skills: journalistic writing, media editing, radio and television production, podcasting, and documentary filmmaking.

Kfardebian Public High School

Lebanese Baccalaureate – Economics and Social Sciences | 2016 – 2021

Hrajel Public School

Intermediate Certificate (Brevet) | 2004 – 2018

Professional Experience

Hotel San Giorgio – Faraya

Reception and Hospitality Manager | June 2024 – February 2025

- Supervised guest reception and organized reservations.
- Managed customer services and ensured hospitality quality.
- Developed hotel management and communication skills under pressure.
- Built public relations with local and international guests.

Radio Free Lebanon

Media and Journalism Intern | September 2023 – January 2024

- Wrote and edited news, reports, and journalistic investigations.
- Recorded and transcribed audio segments and coordinated radio programs.
- Prepared program sequences, selected guests, and monitored audience engagement.

- Gained professional experience in journalism and built a network of media contacts.

Hrajel Bread – Al-Aili Bakery

Cashier | June 2023 – October 2023

- Managed sales and financial transactions accurately.
- Provided fast and efficient customer service and improved communication skills.

PIC Blanc – Ski and Sports Equipment Store (Mayrouba)

Salesperson and Accountant | August 2022 – October 2022

- Handled customer transactions, accounts, and invoices.
 - Promoted store products through social media and developed marketing skills.
-

Skills

Journalism and Reporting: news writing, investigative reporting, editing, podcasting, documentary production

Media Production: TV and radio programs, photography, video editing

Communication: public speaking, interview techniques, teamwork

Technical Skills: Microsoft Office, basic video and audio editing

Personal Skills: time management, leadership, responsibility, creativity, fast learning, visual presentation

Languages

Arabic: Native

English: Intermediate

French: Advanced

Activities and Volunteering

Vice President, akhawiyet foursan – 3 years (2 years as Vice President for Messages and Development)

Vice President, akhawiyet talaih – 2 years

Activity Coordinator, akhawiyet chabibeh – 1 year

Treasurer, akhawiyet chabibeh – 2 years

Coordinator with Officers – Hrajel

Treasurer, Student Council – Faculty of Media

Projects and Achievements

- Sports podcast about athletes balancing their careers and basketball
- Investigative journalism report on nurse migration (2019)
- Production of TV and radio workshop episodes: AI and art, social topics, and Zajal poetry
- Report on the Logos ship bringing books to Lebanon (2023)
- Produced a TV episode on Charity TV about AI and art – Role: Producer
- Graduation project: radio episode on Zajal in Lebanon – reports, interviews, and public

opinions

- Tourism report in the Keserwan mountains
- Report on Hrajel Farm
- Documentary “Journey of Generations” on the life of shepherds – past and present

transformations

- TV and radio workshop episode on the talents of people with disabilities – Role: Reporter
-