

ABED JARKAS

PERSONAL SUMMARY

I'm a Psychology Specialist, graduated from the Lebanese University 2018.
My main goal is to become an LPC – Licensed Professional Counselor, and work under that title.

CONTACT INFORMATION

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PERSONAL INFORMATION

Date of Birth: 15/07/1993

Place of Birth: Beirut

Father's Name: Ameen

Mother's Name: Najat

Nationality: Lebanese

Residence: Beirut

EDUCATION

LEBANESE UNIVERSITY – UNESCO

Psychology (B.S), LU, Faculty of Letters & Human Sciences, 2014 – 2018

SHAKEEB ARSLAN HIGHSCHOOL – VERDUN

Sociology & Economics (BAC), 2013 - 2014

SKILLS

Languages:

Arabic – Native

English – Fluent (IELTS 6.5)

Computer Skills:

Microsoft Office

Installing Software and
Operating Systems

EXPERIENCE IN PSYCHOLOGY

HOPE ACADEMY – MANSOURIYEH (SEPT, 2017 – JUN, 2018)

Hope Academy educates children from the Home of Hope Lebanon who end up there by way of neglect, abandonment, and abuse. We emphasize character, growth mindset, self-direction, and problem-solving as tools to serve them in the uncertain futures they face. We offer emotional and intellectual support that is otherwise absent from their lives.

Hope Academy's central focus is to provide a holistic caring and therapeutic educational environment for our students from developmental and shock trauma to begin to heal and learn the skills they will need to reintegrate into society.

- English Teacher: For the first term my role was to teach English Language to the highest level at the Academy, they were not all at the same exact level. So the trick to make everyone benefit from their period was a series of challenges prepared specially for each learner's level.

- Math Teacher: After the first term, my role as a math teacher was to handle all the classes in the academy. The math levels included grades: 1,2, 4,5 and the third and final term the levels the learners reached as individual classes of grades are: 2,3,5,6.

AMERICAN ACADEMY OF BEIRUT – (NOV, 2016 – MAY, 2017)

- Shadow Teacher (November 2016 – January 2017)

The case had Duchene Muscular Dystrophy (DMD), my main role was to focus on his verbal and reading skills which were deteriorating with lack of practice. Moreover the student needed new ways to encourage him to read since he would quickly get distracted and lose interest in reading.

- Case Study (Jan 2017 – May, 2017)

The case study was an inquiry task for college, however the school also needed the student's behavior to be investigated thoroughly as it is the main work of a Case Study.

LEADERSHIP

Sama Club: Lebanese University (2017 – 2018)

National Club at the Lebanese University aims to develop a sense of citizenship among students through various cultural and social activities

In this club I had the privilege of organizing and conducting meeting for the pro-members, as we discussed strategies for activities. Also, being a part of the psychology department, one of the roles was to prepare psychology related activities that are academic and entertaining at the same time.

Al Jarrah Scouts (2009 – 2014)

Scouting or the Scout Movement is a movement that aims to support young people in their physical, mental and spiritual development, that they may play constructive roles in society, with a strong focus on the outdoors and survival skills. During the first half of the twentieth century, the movement grew to encompass three major age groups for boys (Cub Scout, Boy Scout, Rover Scout)

As I became a leader in the Rover Group, I have carried on more challenging tasks such as organizing activities for every meeting, working a positive and encouraging group, arranging events, organizing groups, working with the Scout's' agenda to meet its expectations of the individuals.

OTHER
EXPERIENCES

Santana – Monot

Jan-2017 - Current

Waiter

Al Forno – Zeituna Bay

3/2016 – 4/2016

Waiter

ICHIBAN EXPRESS – HAMRA

10/2015 – 1/2016

Waiter/Shift Leader

URBANISTA – DBAYE

7/2015 – 10/2015

Bartender, Barista

BARTARTINE – ABC ASHRAFIYE

9/2014 – 12/2014

RUNNER

CHORDS PUB & RESTO - HAMRA

10/2013 – 12/2013

Bartender

AMERICANA CALL CENTER

6/2012 – 10/2012

Phone Agent

PLANET CELL – MAR EL YAS

3/2012 – 1/2014

Online Money Transfer
Facilitator.