

LANA CHREIM

Beirut, Lebanon or Houmine Al-Fawqa, South, Lebanon

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Profile

Motivated and detail-oriented professional with strong experience in research, education, and community engagement. Skilled in data analysis, project coordination, and communication, with a proven ability to work effectively in teams and adapt to diverse work environments. Skilled in designing and implementing educational and psychosocial programs, and adept at collaborating with diverse teams. Eager, adaptable, and ready to take on new challenges to drive meaningful results.

Education

- Master's Degree (M2) in Marine Biology and Ecology
Lebanese University, Hadath, Lebanon | 2024 – 2025
- Master's Degree (M1) in Plant Biology and Environment
Lebanese University, Hadath, Lebanon | 2023 – 2024
- Master's Degree (M1) in Cell Biology and Physiology
Lebanese University, Nabatieh, Lebanon | 2022 – 2023
- Bachelor's Degree in Biology
Lebanese University, Hadath, Lebanon | 2018 – 2022

Professional Experience

1. Research Intern

National Centre for Marine Sciences (CNRS), Lebanon | May 2025 – Present

- Conducting master's thesis project: Quantification and Qualification of Beach Litter along the Lebanese Coast under the supervision of Dr. Myriam Lteif.
- Collecting, analyzing, and reporting data related to marine litter and coastal pollution using Spss, Excel stat and other data organization and statistical analysis
- Supporting environmental monitoring and contributing to scientific documentation.

2. ECE Facilitator

Amel Association , Beirut, Lebanon | November 2024

- Designed and implemented early childhood education activities that fostered cognitive, social, and emotional development.
- Facilitated play-based learning sessions and interactive group activities to enhance creativity and communication skills.
- Supported children affected by conflict through psychosocial and educational programs.
- Collaborated with families to promote positive parenting practices and holistic child development.
- Distributed nutritional supplements and educational materials to ensure children's health and learning continuity.

3. Project Team Member – Water Infrastructure Project, Houmine Al-Fawqa, Lebanon | January 2023

- Assisted in implementing and monitoring water storage tanks and a treatment facility, collaborating with local authorities and UNICEF/KfW.
- Supported community outreach initiatives and documented project progress to improve access to safe and sustainable drinking water.

4. Private Biology Tutor

Freelance | 2022 – 2024

- Provided personalized tutoring in biology and chemistry for high school students.
- Prepared educational materials and supported students in exam preparation.

Volunteer Experience

Environmental Cleanup Volunteer

Sawa Association, Sour (Tyre), Lebanon | August 2021

- Participated in a coastal cleanup campaign focused on marine litter reduction.
- Collected and sorted waste, promoting community awareness on marine pollution.
- Engaged with locals to raise environmental awareness and sustainable practices.

Skills

Technical Skills

- Data collection and analysis
- Report writing and documentation
- Project coordination and monitoring
- Data collection, management, and statistical analysis (SPSS, Excel, Excel stat)
- GIS and Google Earth for spatial mapping
- Scientific literature review and writing (PUBMED, BLAST)

Computer Proficiency

- Microsoft Office Suite (Word, Excel, PowerPoint)
- Research and database management

Soft Skills

- Strong communication and teamwork
- Organizational and time management skills
- Ability to perform under pressure and meet deadlines

Languages

- Arabic: Native
- French: Fluent
- English: Intermediate