

Sarah Joumblatt

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Professional Profile

A dynamic Clinical Psychology graduate from Notre Dame University, Louaize, and a dedicated HR professional with a strong academic foundation in psychology, research, and human resource management with over 1.5 years of professional experience in recruitment, behavioral analysis, clinical diagnosis, psychological assessment, and people management demonstrating a unique ability to integrate psychological insight into HR practices to enhance employee engagement and organizational performance.

Professional Experience

Human Resources (Part-time-Remote)

May 2024 – Oct. 2025

HopeINRecruit

Dubai, UAE

- Conducted HR activities, including recruitment support, maintaining records, and facilitating onboarding processes to strengthen organizational capacity.
- Assisted clients 50+ in refining professional CVs to support their job applications.
- Provided training and preparation for HR-related questions for clients.
- Assisted in planning training sessions, engagement activities, and performance reviews.

Psychologist Internship

September 2022 – May 2024

The Hospital of the Cross

Jal el Dib, Lebanon

- Conducted clinical interviews with 14 patients diagnosed with different psychiatric disorders using DSM-5 diagnostic criteria, structured clinical interviews, and psychological assessments (Rorschach, TAT, BDI, STAI, MMSE, PANSS).
- Analyzed each patient's behaviors, evaluated their tone of voice, facial expression, and emotions towards their personal and family situation.
- Prepared reports and summarized interview outcomes, including clinical diagnosis, family and personal history, hospital and medication details.

Skills

- Behavioural Analysis Skills
- Empathetic Listening Skills
- Strategic Planning and Decision Making
- Customer Service and Client Relations
- Outreach Strategy Development
- Task Prioritization and Organizational Skills

Certificates

The Nawaya Network

May 2025 – August 2025

Online Training Program – HR

Beirut, Lebanon

- Completed training on CV writing, cover letter development, and LinkedIn optimization
- Participated in personalized one-on-one coaching sessions to enhance professional growth.
- Learned HR development through a 3-month mentorship program with a certified HR coach

Education

Notre Dame University, Louaize (NDU)

September 2021 – May 2024

Bachelor's Degree in Clinical Psychology

Zouk Mosbeh, Lebanon

Languages

- English (Fluent)
- Arabic (Native)