



LOUAY YAMOUT

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🏠 Beirut, Lebanon

🇱🇧 Lebanese

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LANGUAGES

English and Arabic.

SKILLS

SWOT analysis to enhance the company's portfolio and identity

Managerial prowess in Supporting, monitoring, and developing the organizations I work on

Great Social Skills gained through work experience enabling me to speak to people

ACHIEVEMENTS

- Team member for my school football varsity (2014)
- School organizer for their festivals and events (2016)
- Managed, Monitored, Marketed, and Manufactured a store at Aley outdoors to sell a product to customers (2017)
- Won the football tournament held by the YM association (2018)

OBJECTIVE

Secure a responsible career opportunity to fully utilize my training and skills, while making a significant contribution to the success of the company and to make use of my interpersonal skills to achieve goals of a company that focuses on customer satisfaction and customer experience.

EDUCATION

Palace Modern Culture (PMC), Beirut, Lebanon
Sep 2002 – May 2016

- Lebanese Baccalaureate II

Modern University for Business and Science, Beirut, Lebanon
Sep 2016 – Jun 2020

- Bachelor of management

- Certificate of business management moderated by Cardiff metropolitan university

Nawaya network, Beirut, Lebanon
Feb 2021 – May 2021

- Certificate of internship, soft skills training course, and coaching sessions as part of the career path program

Succeed and achieve learning center, Beirut, Lebanon
Dec 2021 – Jan 2022

- Certificate of business English

Sport performance institute (SPI), Beirut, Lebanon
Mar 2022 – Oct 2022

- Advanced weight training course certificate

- Training for health and fitness course certificate
- ereps personal trainer certificate EQF level 4

LASIP first aid and CPR workshop certificate

WORK EXPERIENCE

Jun 2019 – Sep 2019

Luxury Diesel, Beirut, Lebanon

Full-time job as a supporter:

at luxury diesel company including: accounting, costumer support and human resources. Helping the company by developing their needs in those departments (human resources, accounting and customer support), also developing the marketing department by reaching out to new clients, finding new clients, and giving them information about the company's products

Jul 2018 – Sep 2018

Fuels for Lebanon, Beirut, Lebanon

Part-time job as a Costumer support Associate:

at Fuels for Lebanon. I was responsible for reaching out to new clients and informing them about the company's products via phone, and e-mail and assisting the customers with inquiries related to the company's products and services

Mar 2018 – Jun 2018

Supporting Department at NWN, Beirut, Lebanon

Part time job as an Organizer:

including: helping the NWN's marketing department by reaching to new clients, and informing them about their services. Helping them organize events, and aiding in whatever tasks required.

Dec 2020 – Oct 2021

Pally gym, Beirut, Lebanon

Full time fitness manager:

- maintaining a clean and safe environment for gym members and staff
- termination of staff as well as disciplinary actions
- assign keyholders to open/close for designated shifts
- maintain accurately and update client information and billing records
- maintain staff certifications and keep them up to date
- run and operate all gym facilities. Lead a team of workers
- Possess patient skills known for having a gentle touch and ability to alleviate patient anxieties

Gym trainer:

- design personalized programs and nutritional plans for clients
- Check all gym equipment for proper use and functions, minimizing accidents or malfunctions
- Provide exceptional customer service, securing 40% of new clients through referrals
- Instructed clients on proper equipment use, as well as exercises to do at home

Personal trainer

- Assessed clients fitness levels to make tailored exercise program
- Assessed weekly assignments and goals for in between training sessions
- worked with clients to set attainable tailored fitness goals and assisted clients in achieving them
- made safe and effective exercise programs for clients

Jan 2021 – Mar 2021

Nawaya Company, Beirut, Lebanon

At Nawaya company my action was with association called rise up Lebanon the work was helping the damaged stores that damaged from the blast of Beirut it includes:

- conducting market research for small businesses
- assessing the different pillars of new ideas to determine how to move forward
- conducting a business needs assessment for small local businesses
- completing the necessary action plan for these businesses based on the needs assessment
- assisting the business development officer in the follow up and coordination with local business

Jan 2022 – Feb 2022

Yamout optical center, Beirut, Lebanon

improved product sales for the store, gained information about how to sale and how to state prices

skills gained :

- Good dealing with excel

Increased my communication skills level **Data collector:**

collecting data and information from excel, the role was to put all the information's of the stock on excel to make the store easier for the employees

Sales:

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- Developed my self-esteem and self confidence

May 2021 – Present

Z gym, Beirut, Lebanon

Personal trainer:

- Communicated with clients to determine their fitness vision and goals
- Provided nutritional consultations, made 1:1 workout plans and motivated clients to help them achieve their objectives
- Monitored and assisted clients to ensure safety
- Promote relevant fitness courses programs and promotions
- Scheduled client's sessions

State program table that includes beginner, intermediate BB1 and BB2, advanced and very advanced BB3 and BB4

PERSONAL INFORMATION

Interests & Hobbies : Public
Speaking, Technology, Football,
Kick Boxing, Swimming, Body
Building

REFERENCES

Available Upon Request.